

# Sport and exercise science research

The Institute of Sport & Exercise Science aspires to develop a national and international reputation for research in related disciplines and areas, embracing all forms of research with a focus on applied research and knowledge transfer.

Staff engage in research activity as part of thematic Research interest groups (RIGs) These include Regulation of Performance; Physical Education; Physical Activity, Health and Well-being; Gender, Identity and the Body and Performance Analysis. These groups provide a supportive environment for staff to share, discuss and develop their research. Priority areas for development identified in the University of Worcester's latest strategic plan (2013-18) include Physical Activity, Health and Well-being and Disability Sport. Research on lifestyle programme and well being is already underway in partnership with Worcestershire NHS Trust and with colleagues from the Institute of Health and Society and other external societies.

The Institute has successfully supported 11 PhD and 1 MPhil students since 2008. Currently we have one FT studentship and 6 PT PhD students. The Institute is always seeking to work collaboratively with a range of partners to support PhD studentships. An MRes in Sociology of Sport has recently been validated and the first student has enrolled on this programme in October 2014.

In July 2012, Professor Peters organised and hosted the World Congress of Performance Analysis of Sport IX which featured keynote sessions from world leading researchers and practitioners alongside 90 podium and 110 poster presentations from international researchers.

## Research Degrees and Supervision

In addition to these funded studentships there are opportunities for self-funded programmes of study in your own area of interest if we feel that your research proposal demonstrates potential and that we are able to provide a suitable level of supervision. The Graduate Research School provides details of the requirements to be a post-graduate student and the application process.

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