Christian Edwards is a Senior Lecturer in Sports Coaching Science. His teaching principally addresses the scientific aspects that may underpin the coaching process. His research interests focus primarily on athlete's body image perceptions and how these perceptions may impact on daily living. He is a member of the Institute's Socio-cultural studies of Sport, Exercise & the Body research interest group. In addition to his academic role, he is a cycling coach.

Qualifications:
- PhD by Published Work, University of Worcester
- MSc Sports Coaching Science, University of Worcester
- PGCert Learning and Teaching in Higher Education, University of Worcester
- BSc Sport and Exercise Science, Aberystwyth University
- Fellow of the Higher Education Academy (FHEA)

Teaching & Research

Teaching Interests:
Christian teaches on both Undergraduate and Higher National Diploma modules. His teaching has been strongly influenced by his interest in the scientific principles that may support/underpin the coaching process and his research background.

Research Interests:
Christian’s research primarily focuses on male body image and his published papers can be viewed at:
http://eprints.worc.ac.uk/view/author/Edwards=3AChristian=3A=3A.html

Supervision:
Christian supervises undergraduate and postgraduate projects focussed on the following areas:
(a) Sports Coaching;
(b) Body image;
(c) Sport and Exercise Psychology.

Professional Bodies
Fellow of the Higher Education Academy (FHEA)

Publications

Refereed Journal Papers:


**Conference Proceedings:**


**External Responsibilities**

Christian is a peer reviewer for the following journals:

- Body Image
- Psychology of Men and Masculinity
- Psychology of Sport & Exercise
- Sport & Exercise Psychology Review
- The Graduate Journal of Sport, Exercise & Physical Education Research

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