

# Low grass pollen destinations

## Europe

January	All European countries
February	All European countries
March	Most countries <i>except: Mediterranean Islands and Portugal</i>
April	Baltic countries
	Czech Republic
	Germany (N)
	Iceland
	Romania
	Scandinavia
	Slovakia
	Denmark
	Finland
	Iceland
May	Latvia
	Lithuania
	Macedonia
	Norway
	Poland
	Romania
	Serbia
	Slovakia
	Sweden
	Canary Islands
June	Finland (N)
	Norway (Central)
	Aegean Islands & Crete
July	Canary Islands
	Corsica
	Ionian Islands & Corfu
	Italy (S)
	Madeira
	Aegean Islands & Crete
	Albania
	Canary Islands
	Corsica
	Croatia
	Denmark
	Estonia
	Finland (N)
France (S)	
August	Greece
	Italy (S)
	Ionian Islands & Corfu
	Macedonia
	Madeira
	Netherlands
	Norway (N)
	Slovenia
	Spain (S)
	Sweden
September	Most countries <i>except Austria, Bulgaria, Portugal, Romania, Serbia, Spain (N) and Turkey</i>
October	All European countries
November	All European countries
December	All European countries

## America

***NB: Tropical regions have pollen all year***

January	USA:
	All States
	Canada:
	All
	USA:
	All States

February Canada:  
All  
  
S. America:  
Chile Peru  
USA:  
Northern States only

March Canada:  
All  
  
S. America:  
Chile  
Peru  
USA:  
Northern States only

April Canada:  
*All except: Ontario & British Columbia*

May S. America:  
Chile  
Peru  
S. America:  
Chile  
Peru

June S. America:  
Chile  
Peru

July S. America:  
Chile  
Peru  
USA:  
Michigan  
Wisconsin  
Ohio

August Canada:  
Saskatchewan  
Nova Scotia  
Ontario  
British Columbia  
New Brunswick

S. America:  
Chile  
Peru  
USA:  
Northern states only

September Canada:  
*All except: Quebec*

S. America:  
Chile  
Peru  
USA:  
Northern states only

October Canada:  
All

S. America:  
Chile  
USA:  
Northern states only

November Canada:  
All  
USA:  
Northern states only

December Canada:  
All

**Africa**

Tanzania

January	Morocco
	Tunisia
	Egypt
February	Zimbabwe
	Morocco
	Tanzania
	Tunisia
March	Kenya
	Tanzania
	Zimbabwe
April	Kenya
	South Africa
	Tanzania
May	Zimbabwe
	Kenya
	South Africa
	Tanzania
June	Zimbabwe
	Kenya
	Morocco
	South Africa
July	Tunisia
	South Africa
	Morocco
	Kenya
August	Tunisia
	Morocco
	Kenya
September	Morocco
	Tunisia
	Zimbabwe
October	Morocco
	Tunisia
November	Kenya
	Morocco
	Tunisia
December	Egypt
	Morocco
	Tunisia
	Zimbabwe

**Australia**

***N.B. New South Wales has grass pollen all year round***

January	Tasmania
	N. Territory
February	Tasmania
	N. Territory
March	ACT
	Tasmania
	N. Territory
April	ACT
	Queensland
	Tasmania
	N. Territory
May	W. Australia
	ACT
	Queensland
	S. Australia
	Tasmania
	N. Territory
June	Victoria
	W. Australia
	ACT
	Queensland
	S. Australia
July	Tasmania
	Victoria
	S. Australia
	ACT

	W. Australia
August	S. Australia Queensland W. Australia
September	W. Australia
October	N. Territory
November	N. Territory
December	N. Territory

#### Asia

***N.B. Tropical and sub-tropical regions have grass pollen all year***

January	Bangladesh
	China
	Japan
	Pakistan
	Russia Ukraine
February	Bangladesh
	China
	Japan
	Pakistan
	Russia Ukraine
March	Bangladesh
	China (N)
	Japan
	India
	Pakistan Russia Ukraine
April	Bangladesh
	India
	Pakistan
	Russia Ukraine
May	Bangladesh
	India
	Pakistan
	Russia Ukraine
June	Bangladesh
	India
	Pakistan
July	Bangladesh
	India
	Pakistan
August	India
	Russia (Moscow & Urals)
September	China (N)
	Russia
	Ukraine
October	China (N)
	Japan
	Russia
	Ukraine
November	China (N)
	Japan
	Russia
	Ukraine
December	China (N)
	Japan
	Russia
	Ukraine

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