



# UWNETBALL

At the University of Worcester, we are passionate about netball. The Netball Super League franchise Severn Stars is owned by the University of Worcester and UWNetball is the largest female society at the University. There are opportunities for students to become involved in elite, development, and recreational netball, whether that is as a player, coach, umpire, or volunteer.

## Netball Opportunities

The UWNNetball team culture – ‘#oneHEART’ which stands for Health, Energy, Attitude, Responsibility and Teamwork, is embedded in all our actions and ventures. The UWNNetball society consists of five BUCS (British Universities and Colleges Sport Leagues) teams, development netball sessions and recreational netball seasons. UWNNetball works alongside University of Worcester owned Severn Stars, so that any opportunities (these might be umpiring, social media / business / photography opportunities, performance analysis placements etc.) that are available from having a netball super league franchise are offered to UWNNetball students.

## What makes the UWNNetball programme different?

- The University of Worcester has a Director of Netball, Louisa-Jayne Walker. Louisa has a wealth of netball coaching and experience and is the current English Universities Head Coach. She coaches the UWNNetball 1<sup>st</sup> team and supervises the structured quality training for all teams.
- All 5 BUCS teams have their own designated Head Coach, and ‘Rec Net’ (recreational netball sessions) have dedicated coaching staff to give everybody the chance to improve their netball skills in fun and engaging sessions. The coaching team ensure all sessions are tailored and inclusive.
- Our UWNNetball 1<sup>st</sup> team is part of the University of Worcester Sport performance programme, UW Sport. This means they receive extra support from the School of Sport and Exercise Science including sports therapy and massage, strength and conditioning and video performance analysis.

- All 5 BUCS teams have access to sports therapy treatment and massage prior to games on a Wednesday. All 5 BUCS teams have designated student sports therapists who attend both their home and away games on Wednesdays.
- UWNNetball provide additional competitive opportunities for performance players with annual friendly fixtures against elite teams such as England U17s, Wales U17s, AoC (Association of Colleges) England National Team, SevernStars NPL Squads and Millfield School.
- The University of Worcester is the owner of the Severn Stars Netball Super League franchise. Several UWNNetball members train or play for Severn Stars, including their NPL squads and senior VNSL teams.
- Excellent indoor netball facilities (4 courts) including the University Arena which has a track record of hosting international netball events (Netball Europe, VNSL final) and is the home venue for the Severn Stars Super League team.
- All 5 BUCS teams, development netball and Rec Net training sessions and matches take place at the University Arena. Polar pools at the University of Worcester Arena can be booked by students to aid recovery post training / post matches.
- Volunteering and work placement opportunities and educational course provision in both coaching and umpiring.
- Partnership with Worcester Netball Club and Worcester County Netball Association, and several of our players play for local netball clubs as well as University Netball.

The club also offers opportunities to meet people through socials each Wednesday, where members come together to have fun away from the court and celebrate game days. The society is a great group to be part of, bringing a strong

support network to your time at the University of Worcester, coming together on game days to support its’ members. The society reaches members via social media, updating players on upcoming socials and ensuring everyone is informed with current UWNNetball news. Additionally, the club is also highly involved in fundraising and charity tournaments where lots of fun can be had whilst contributing to a great cause.

## High Performance & Sport Scholarships

UWNNetball club seeks to create a high performance team environment and culture. This performance culture filters into all areas of match preparation; prehab and warm ups, seasonal match targets both as teams and individuals, recovery protocols, match analysis through Hudl platform, and coach feedback. If you have an outstanding record of achievement in netball and want to combine this talent with study, then you may be eligible for a University of Worcester sports scholarship. The University of Worcester is dedicated to supporting talented young athletes in a range of sports and we welcome your interest in our sports scholarship scheme for netball. There are two types of ‘pathways’ on the University of Worcester sports scholarship programme; ‘Dual Career’ and ‘Performance Pathway’.

## Dual Career Scholarship Student

Dual Career Scholarship Student athletes are expected to be training as part of an elite athlete pathway scheme, for netball this is NSL / England U17/19/21 level. For example, Issy Eaton (England Roses Academy (U19)) is a Dual Career Scholarship Student athlete for netball.

As part of this pathway you’ll receive:

- Individual S & C
- Individualised Sports Therapy and injury prevention
- Lifestyle advisor and academic support
- Performance Analysis Access
- UW Clothing bundle
- Gym membership
- Anti-doping education (inc ADAMS)
- Financial support (up to £2,000)
- Sports psychology support
- Nutritional support
- Fitness testing

## Performance Potential

Performance Potential (PP) applicants are expected to be working towards an elite athlete pathway scheme in their identified sport, for netball this is NPL U17/19/21, Premier League netball. For example, Lucy Drury (Severn Stars U19 NPL player) is a performance potential scholar for netball.

As part of this pathway you’ll receive:

- Individual S & C
- Access to Sports Therapy clinic
- Lifestyle advisor
- Performance Analysis Access
- UW Clothing bundle
- Gym membership
- Anti-doping education
- Financial support (up to £1,000)

If you would like any further information on how to apply for a netball sporting scholarship please contact University of Worcester Director of Netball, Louisa Jayne Walker (see reverse for contact details).



## Find out more

Come along to an Open Day to tour the campus, view our accommodation, meet current students and staff and learn more about our courses. The day includes a presentation on the netball programme including Q&A with current students. Check dates and book your place at [worcester.ac.uk/opendays](http://worcester.ac.uk/opendays)

## Get in touch

Feel free to contact our Director of Netball,  
Louisa Jayne Walker: [l.walker@worc.ac.uk](mailto:l.walker@worc.ac.uk)

