

# New 30-credit short course introducing concepts of social and emotional mental health and wellbeing

This course explores a range of factors which influence mental health and wellbeing and how these can impact both positively and negatively upon children and young people.

You will be encouraged to critically consider your own beliefs, assumptions and perceptions in relation to mental health and wellbeing.

You will develop your knowledge of evidence-based strategies to support the development and maintenance of positive social and emotional mental health and wellbeing.

This course has been designed with employers to ensure that it provides the knowledge and skills needed in the education, early years and children's services sectors.

## Apply at

www.worcester.ac.uk/courses/education-short-courses



### Why study a short course?

- Learn new skills and gain professional knowledge needed to work within education, early years and children's services.
- Build your portfolio, meet and network with others in education, early years and children's services.
- Try out higher education without committing to a full degree.
- Gain a University of Worcester certificate of credit and potentially use your short course towards a degree in the future.

#### How will I learn?

You will be taught over 12 weeks beginning with a full day in-person launch conference where you can meet the other students on your course on **23rd September 2023.** 

This will be followed by weekly evening live-online teaching sessions: Tuesdays (6pm to 8.15pm) from 26th September concluding 12th December 2023.

## What entry qualifications do I need?

Your application will be considered on evidence of relevant experience and prior learning. We welcome applications from experienced and mature learners who do not have formal GCSE/A Level qualifications.

## Is student finance available for short courses?

Tuition fee loans are available for this short course as part of the government's preparations for the Lifelong Learning Entitlement. You will be eligible for a loan if you live in England, even if you have had student loans for university courses in the past. Further information about short course loans:

https://www.gov.uk/guidance/higher-education-short-course-loans

Bursaries are available if you are in receipt HSEC Tuition fee loan, subject to an application process.

## **Need more information?**

Please contact us if you would like to discuss this short course or are thinking of making an application:

Dr Mandy Duncan a.duncan2@worc.ac.uk

