# Postgraduate Certificate in Dementia Studies &

**Postgraduate Award in Professional Development** 







#### **Dear Potential Student**

Helping people develop their expertise in supporting people to live well with dementia is our passion at the Association for Dementia Studies. Research tells us that the people, who make the most impact on this, are those in leadership roles. These people work in a wide variety of care and support services that accessed by people affected by dementia. It is people in leadership roles, or who have the potential to lead others, who will get the most out of this course. We have pitched this course at a postgraduate level as the most appropriate level for developing reflective and creative leadership qualities.



#### Is this for you?

This course is fully online, but you won't be studying alone. Practitioners worldwide face similar challenges in delivering great quality dementia care. By sharing the learning and solutions to common challenges together, your horizons will open up.

The course is open to graduates of any discipline. Many candidates will have a clinical or social care qualification, but we also want to attract people from business, the arts, sport and culture backgrounds.

Our watchwords in developing this course have been evidence-based practice and teaching excellence. We are delivering a course that you do at your pace, studying at the time that is convenient to you. You will engage with online lectures, videos, research literature and discussions to facilitate your independent study. There will be regular live interactive learning opportunities via seminars in a virtual classroom, as well as interactive activities and engagement with other students and tutors.

We know that many people are capable of working at this level but they might not already have a degree. If you think this is the course for you, but you don't have a degree then you will need to provide some pre-course writing and evidence during the admission procedure to make sure that you can work at this level. Also, for those people for whom English is a second language we will need to see evidence that you have IELTS 6.5.

You will benefit from courses designed by academics who are leaders in their specialism. The course content is grounded in research that we have been directly engaged with over the past ten years. I am excited to lead the first module on Person-Centred Leadership: The VIPS Approach.

Our vision is that this will develop into a full Master's level course over the next few years with more exciting modules on stream. We want to support you to see your way through complexity, to deliver care and support fit for people living with dementia in the 21st century.

Together we can bring about amazing change.

#### Dawn

#### Professor Dawn Brooker PhD CPsychol (clin) AFBPsS

Director of the Association for Dementia Studies, School of Allied Health and Community,

University of Worcester, United Kingdom



### **Postgraduate Certificate in Dementia Studies** Brand new distance learning course from January 2020

#### Do you want significant improvements in the care and support for people affected by dementia? Are you interested in studying at Master's level with one of the world leading research and education centres in dementia care?

Applications are now open for prospective students to enrol on our brand new postgraduate modules.

| Code     | Module Title and Module Lead                               | Starting           | Credits |
|----------|--|--------------------|---------|
| MDEM4001 | Person-Centred Leadership: the VIPS Approach               | January 2020       | 15      |
|          | Professor Dawn Brooker                                     |                    |         |
| MDEM4003 | Expert Practice in Delivering Person-Centred Dementia Care | January 2020       | 30      |
|          | - Isabelle Latham  | (over 2 semesters) |         |
| MDEM4004 | Supporting People Living with Advanced Dementia            | September 2020     | 15      |
|          | Mary Bruce   |                    |         |
| MDEM4005 | Enabling Environments for People Living with Dementia      | September 2020     | 15      |
|          | Teresa Atkinson  |                    |         |
| MDEM4006 | Engagement and Empowerment in Dementia Studies             | January 2021       | 15      |
|          | To Be confirmed  |                    |         |
| MDEM4007 | Dementia in the Family Context                             | January 2021       | 15      |
|          | Professor Tracey Williamson                                |                    |         |

To complete a postgraduate certificate you are required to complete a total of 60 credits from the selection above. Person-Centred Leadership: the VIPS Approach is the mandatory module and this must be completed, although it doesn't have to be the first module completed.

All modules can also be taken standalone and may be eligible for recognition of prior learning at other universities. The course content will reflect the requirements of the Dementia Training Standards Framework and will meet all of the Tier 3 leadership learning outcomes.

Successful completion of the Expert Practice in Delivering Person-Centred Dementia Care module will give you a 30 credit Postgraduate Award in Professional Development. This has been developed from an evidence-based programme 'Focussed Intervention Training and Support (FITS) into Practice' course in care settings for people with dementia, complex needs and distressed behaviour.

#### 2019/2020 Fees: (Fees are revised annually)

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| • | 15 credit module | £ 574  |
|---|------------------|--------|
| • | 30 credit module | £1,148 |

Postgraduate Certificate (60 credits) £2.297

These fees have been agreed for UK and EU students. If you are interested in this course and live outside the UK and EU, please contact Gina Dutton on g.dutton@worc.ac.uk

Closing date for applications: The closing date for the January 2020 modules is 29 November 2019.

For more information and to apply online please visit: Postgraduate Certificate in Dementia Studies and/or Postgraduate Award in Professional Development or Email: dementia@worc.ac.uk; Tel: 01905 542531.



Vorcester

### Person-Centred Leadership: The VIPS Approach

### MDEM4001

**Module Leader** 

Professor Dawn Brooker

#### **Mode of Delivery**

This is a fully distance learning module which will be delivered using the University's online learning platform which will include both synchronous (scheduled) and asynchronous content plus guided independent study and preparation of assessments. More information can be found in the <u>Module Specification</u>.

#### **Module Level and Credits**

15 credits at Level 7

#### Dates

The module will run from January to June 2020 (Semester 2- 2019/20). It will run once a year from September to January (Semester 1) in future years.

#### **Module Status**

This module can be studied on a standalone basis but will be mandatory for the Postgraduate Certificate in Person- Centred Dementia Studies. For further information please visithere:

#### **To Apply**

An online application form is available <u>here</u>. The closing date for applications for the January 2020 module is 29 November 2019

#### For enquiries about registering for the Module

Postgraduate Admissions Office pg-admissions@worc.ac.uk: 01905 855111

#### For general enquiries:

Professor Dawn Brooker Director of the Association for Dementia Studies <u>dementia@worc.ac.uk</u> 01905 855250

This module is designed to provide in-depth understanding of leadership required to facilitate person-centred living for people with dementia and their families. Utilising a person-centred perspective, students will develop skills necessary to lead evidencebased ways of improving the provision of support and services to maintain the personhood of people with dementia. Students will develop a knowledge base and skills specific to evaluating their own and organisational practice, create strategies for supporting practice improvement and teamwork. The structure of the content and assessment is based on the VIPS framework which underpins NICE 2018 Dementia Guideline and many dementia strategies internationally.

#### **Intended Learning Outcomes**

On successful completion of the module, students should be able to:

1 - Critically analyse current evidence relevant to leading an organisational culture that supports a person-centred approach towards people living with dementia and their care partners

2 - Evaluate personal leadership skills and analyse their utility for supporting the development of a culturally sensitive, person-centred workforce

3 - Apply the VIPS framework (Brooker & Latham, 2016) and critically analyse the results within their area of influence

4 - Design and assess quality improvement strategies for promoting positive change within organisations providing care and support to people affected by dementia

5 - Develop approaches for working with people living with dementia and their care partners that ensure inclusion

UNVERSITY ARENA



### **Expert Practice in Delivering Person-Centred Care**

#### This module will enable participants to implement the Focussed Intervention Training and Support (FITS) programme for people with dementia who have complex needs and distressed behaviour. This is an evidence-based training and support intervention that improves psychosocial care and thus reduces the use of restrictive interventions such as anti-psychotic prescribing. Click <u>here</u> for more details of evidence base:

It is applicable to practitioners from multidisciplinary professional backgrounds in health and social care. As part of the module participants will deliver one cohort of FITS into Practice within their own organisation/s.

Successful completion of this module will enable participants to become a Dementia Practice Development Coach (DPDC) for their own organisation and implement the programme into practice across settings.

#### **Intended Learning Outcomes**

On successful completion of the module, students should be able to:

- 1. Critique the FITS into Practice model, its evidence base, purpose and structure
- Critically explore the practical implementation of the FITS into Practice model within relevant organisations
- Critically analyse the impact of integrating the model within their current role through recruitment, teaching and support of staff selected to experience the programme as part of their direct care role
- Critically assess the facilitators and barriers to implementing the model in relevant care organisations and how their role as a DPDC can affect this
- 5. Apply the FITS model to their own organisation and critically reflect on their planning and practice of implementation

RSI

### MDEM4003

#### **Module Leader**

**Isabelle Latham** 

#### **Mode of Delivery**

This is a fully distance learning double module which will be delivered using the University's online learning platform across two semesters. (This module runs across academic years so that students can benefit from the additional time given by the summer break as students are required to deliver training and support and reflect on it as part of the module) More information can be found in the <u>Module Specification</u>.

#### **Module Level and Credits**

30 credits at Level 7

#### Dates

The module will run once per year across two consecutive semesters commencing in January 2020 (Semester 2-2019/20) and finishing in January 2021 (Semester 1-2020/21). It will then run annually following the same pattern Module Status

This module can be studied on a standalone basis and students who complete it can choose to leave with a <u>Postgraduate Award in Professional Development</u> or use it towards the <u>Postgraduate Certificate in Person-</u> <u>Centred Dementia Studies</u>.

#### **To Apply**

An online application form is available <u>here</u>. The closing date for applications for the January 2020 module is 29 November 2019

#### For enquiries about registering for the Module

Postgraduate Admissions Office pg-admissions@worc.ac.uk: 01905 855111

#### For general enquiries about the content:

Isabelle Latham Senior Lecturer, Association for Dementia Studies dementia@worc.ac.uk: 01905 542326





### Supporting People Living with Advanced Dementia MDEM4004

**Module Leader** 

Mary Bruce

#### **Mode of Delivery**

This is a fully distance learning module which will be delivered using the University's online learning platform in one semester. More information can be found in the <u>Module Specification</u>.

#### **Module Level and Credits**

15 credits at Level 7

#### Dates

This module will be delivered in one semester, starting in September 2020 (Semester 1 --2020/21). It will then run annually.

#### **Module Status**

This module can be studied on a standalone basis or students can use it towards the <u>PostgraduateCertificate</u> in Person-Centred Dementia Studies.

#### **To Apply**

An online application form is available <u>here</u>. TThe closing date for applications will be published in due course.

#### For enquiries about registering for the Module

Postgraduate Admissions Office pg-admissions@worc.ac.uk: 01905 855111

#### For general enquiries about the content:

Mary Bruce Senior Lecturer, Association for DementiaStudies dementia@worc.ac.uk 01905 542636



#### Association for Dementia Studies School of Allied Health & Community University of Worcester, Henwick Grove, Worcester, WR2 6AJ www.worcester.ac.uk tel: 01905 855000

This module will critically explore approaches to support people living with advanced dementia

enabling students to critique their own and others' practice in this area. Students will consider the utility

of identifying and defining advanced dementia and

professionals and other agencies delivering support.

Students will critically evaluate key components of

challenges of experiencing advanced dementia, and

working in this area through the development of a

from multi-disciplinary backgrounds in health and

On successful completion of this module, students

1. Appraise the utility of categorising advanced

2. Critically evaluate the evidence base and

dementia within a person- centred approach to

practicality of different approaches to support

of people living with advanced dementia across

 Modify existing approaches to care planning to meet the needs of people with advanced

4. Evaluate different methods for recognising and

treating pain for people living with advanced

5. Critique approaches to advanced care planning,

end of life care, palliative care and terminal

care as they relate to people living with

social care.

should be able to:

dementia care

different settings

advanced dementia

dementia

dementia

**Intended Learning Outcomes** 

comprehensive approach to support individuals within this group. This module is applicable to practitioners

consider the ways in which this impacts upon the

person, their family, health and social care

person-centred approaches in relation to the



### **Enabling Environments for People with Dementia**

# In a more inclusive world for people with dementia, attention must be given to the physical and built environment, as well as the social environment.

Understanding how opportunities and constraints in any given environment can impact on people with dementia is important to supporting well-being and the citizenship of people living with dementia regardless of where they reside.

This module examines the creation of dementia friendly communities, enabling environments in the home and health care settings, as well as the contribution of the person-environment fit to well- being, autonomy and preservation of self and identity.

Students will explore the environments in which people with dementia live and experience the world, they will examine ways to assess different types of environments and prioritise the findings of assessments in relation to creating opportunities and minimising constraints across different settings.

#### **Intended Learning Outcomes**

On successful completion of the module, students should be able to:

- 1. Identify the ways in which people with dementia experience and manage the opportunities and constraints of their environmental conditions
- 2. Critically analyse the research literature relevant to enabling environments for people with dementia in community and care settings
- Critically apply the principles of enabling environments to maximise autonomy and facilitate the development and maintenance of relationships
- 4. Critically assess different types of environments for their ability to provide a safe, familiar place to engage in activities of everyday life
- 5. Integrate environmental assessment information and research evidence to develop options for improving environments for people with dementia

### MDEM4005

#### **Module Leader**

Teresa Atkinson

#### **Mode of Delivery**

This is a fully distance learning module which will be delivered using the University's online learning platform in one semester. More information can be found in the <u>Module Specification</u>.

#### **Module Level and Credits**

15 credits at Level 7

#### Dates

This module will be delivered in one semester, starting in September 2020 (Semester 1-2020/21). It will then run annually.

#### **Module Status**

This module can be studied on a standalone basis or students can use it towards the <u>Postgraduate</u> <u>Certificate in Person-Centred Dementia Studies</u>.

#### **To Apply**

An online application form is available <u>here</u>. The closing date for applications will be published in due course.

### For enquiries about registering for the Module

Postgraduate Admissions Office pg-admissions@worc.ac.uk: 01905 855111

#### For general enquiries about the content:

Teresa Atkinson Senior Research Fellow, Association for Dementia Studies dementia@worc.ac.uk: 01905 542530





### Engagement and Empowerment in Dementia Studies MDEM4006

This module is designed to provide in-depth understanding of issues of authentic engagement and empowerment in supporting those living with dementia.

There has been a huge shift over recent decades as to how people living with dementia are positioned in society. A citizenship and human rights discourse now prevails in dementia strategy documents including the World Health Organisation Action on Dementia. How this is enacted in people's day-to day experience remains challenging.

Students will develop a knowledge-base and skills specific to their own sphere of influence to enable people with dementia and care partners to promote a citizenship approach.

#### **Intended Learning Outcomes**

On successful completion of the module, students should be able to:

- 1. Critically analyse current evidence relevant to citizenship approaches that engages and empowers people to have their human rights met within society
- 2. Evaluate barriers and facilitators to engaging with and empowering those living with dementia at different stages and within a diversity of contexts
- Critically assess strategies for promoting engagement and empowerment within organisations providing care and support to people affected by dementia
- Describe and critically evaluate approaches for working with people living with dementia and their care partners which engage and empower them

#### Module Leader

To be confirmed

#### **Mode of Delivery**

This is a fully distance learning module which will be delivered using the University's online learning platform in one semester. More information can be found in the <u>Module Specification</u>.

#### **Module Level and Credits**

15 credits at Level 7

#### Dates

This module will be delivered in one semester, starting in September 2021 (Semester 2 -2020/21). It will then run annually.

Module Status

This module can be studied on a standalone basis or students can use it towards the <u>Postgraduate</u> <u>Certificate in Person-Centred Dementia Studies</u>.

#### **To Apply**

An online application form is available <u>here</u>. The closing date for applications will be published in due course.

#### For enquiries about registering for the Module

Postgraduate Admissions Office pg-admissions@worc.ac.uk: 01905 855111

#### For general enquiries about the content:

Gina Dutton Programme Lead: Association for DementiaStudies dementia@worc.ac.uk: 01905 542702





### **Dementia in the Family Context**

This module provides in-depth understanding of the experience, needs, interventions and outcomes of family carers of persons with dementia.

Family carers are recognised as having their own, often unmet needs which require meeting in the interests of their own health and wellbeing and to enable them to be more resilient carers. Whilst family carers are becoming less hidden, interventions to respond to their needs for more information, skills to manage challenges and to cope with the experience of someone with a degenerative condition, are often underdeveloped or researched. There are a number of carers who do not fit with traditional stereotypes and may be young or in paid employment, presenting additional challenges which may include not being recognised, and therefore supported, as carers.

Students will develop a knowledge-base and skills specific to their own sphere of influence to enable family carers to attain optimum health and wellbeing.

#### **Intended Learning Outcomes**

On successful completion of the module, students should be able to:

- 1. Critically analyse current evidence relevant to experiences, needs, interventions and outcomes of family carers of persons with dementia
- 2. Evaluate barriers and facilitators to meeting the support needs of family carers of those living with dementia at different stages and within a diversity of contexts
- 3. Design and assess strategies for enhancing support for family carers in a range of settings

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4. Critically explore the opportunities and challenges that a changing future societal, environmental and technological landscape may bring to the role of caring

### **MDEM4007**

**Module Leader** 

Professor Tracey Williamson

#### **Mode of Delivery**

This is a fully distance learning module which will be delivered using the University's online learning platform in one semester. More information can be found in the <u>Module Specification</u>.

#### **Module Level and Credits**

15 credits at Level 7

#### Dates

This module will delivered in one semester, startingin January 2021 (Semester 2-2020/21).

#### **Module Status**

This module can be studied on a standalone basis or students can use it towards the <u>PostgraduateCertificate</u> in Person-Centred Dementia Studies.

#### **To Apply**

An online application form is available <u>here</u>. TThe closing date for applications will be published in due course.

#### For enquiries about registering for the Module

Postgraduate Admissions Office pg-admissions@worc.ac.uk: 01905 855111

#### For general enquiries about the content:

Professor Tracey Williamson Dementia Carers Count, Professor of FamilyCare in Dementia, Association for Dementia Studies dementia@worc.ac.uk: 01905 2557



### Postgraduate Certificate in Dementia Studies The Teaching Team







<u>Professor Dawn Brooker</u> – Director of the University Association for Dementia Studies

Isabelle Latham - Senior Lecturer

Mary Bruce - Senior Lecturer



Teresa Atkinson - Senior Research Fellow



<u>Professor Tracey Williamson</u> - Professor of Family Care in Dementia





## **The Association for Dementia Studies**

# Changing Hearts and Minds in Dementia Care

### What we do

Led by Professor Dawn Brooker, the Association for Dementia Studies is a multi- professional University research and education centre. We make a cutting edge contribution to developing evidence-based practical ways of working with people living with dementia, their families, friends and carers that enable them to live well.

#### **Research and Consultancy**

#### About our research

Our research activities range from small scale evaluations of dementia care services and environments to major research programmes funded by UK research councils and the European Union. We work with individual organisations at the local level as well as in collaboration with multiple partners from around the world.

We carry out research in many different settings, such as care homes, acute hospitals, extra care housing, schools and social care. We are experienced in using a wide range of traditional and innovative research methods including surveys, interviews, focus groups, evidence synthesis and consensus development techniques.

#### **Consultancy - Working with you to improve your services**

Based on our research, the Association for Dementia Studies can offer a range of consultancy, bespoke support packages and service development activities across our wide portfolio.

#### **Education and Development**

The Association for Dementia Studies offers a range of other education and development opportunities, from free online courses, short seminars and one off events to 4-6 day courses.

#### **PhD Study**

We support an active PhD and doctoral studies Programme. For more information visit www.worcester.ac.uk/courses/dementia-studies-mphilphd.

# These are just a few examples of what we can do for you. If you think that we can help please contact us by emailing <u>dementia@worc.ac.uk</u>





# Postgraduate Certificate in Dementia Studies & Postgraduate Award in Professional Development



#### For more information please visit:

Person-Centred Dementia Studies PG Cert Professional Development: Expert Practice in Delivering Person-Centred Dementia Care PG Award

Email: dementia@worc.ac.uk

Tel: 01905 542531



Association for Dementia Studies

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