



# CASE STUDY – scoping and evaluating the use of iPads for people with dementia living in care homes.

### Research Team Leader

Dr Simon Evans, Principal Research Fellow

## Client

Anchor, Anchor, England's largest not-for-profit provider of housing and care for older people, embarked on an innovative project to introduce iPads into all of its care homes, supported by a training package for the Activity Co-ordinators who lead on this work. The Association for Dementia Studies was commissioned to conduct an independent evaluation of the Anchor iPad project.

# **Objectives**

To identify the experiences and benefits of iPad use in Anchor care homes for residents, their families and for staff;

To develop recommendations for using best practice in using iPads in care homes in order to maximise the benefits of the iPads for people with dementia;

# **Results**

The systematic use of iPads in care homes can complement and enhance existing activities for people living with dementia, as well as supporting the introduction of new activities based on the growing range of apps that are available. The range of positive

outcomes for residents with dementia included increased interaction, greater inclusion and improved communication with relatives. A range of benefits were seen for the care home including the delivery of enhanced activities, the provision of a more personcentred approach and increased staff skills and confidence.

# **Further Information**

A summary of the project and its findings can be found at <a href="https://www.worcester.ac.uk/discover/22658.html">www.worcester.ac.uk/discover/22658.html</a>