

Trauma Aware Practice with Children

Where: University of Worcester

Date: 3 June 2026 (1pm-4pm)

Cost: £68 per person

This CPD session will introduce participants to children's adversity and trauma aware principles and approaches.

Trauma can impact every aspect of a child's development- the learning, behaviour, relationships and overall wellbeing. As educators, we play a critical role in fostering environments where every child feels safe, supported and understood.

This CPD course explores key concepts related to trauma including what trauma is and how it may manifest in a child's life. The session also explores ways to create trauma-informed approach within your setting. The goal of the session is not just to deepen your understanding, but to equip you with practical strategies that can be integrated into every day practice.

We will cover:

- Adverse Childhood Experiences (ACEs).
- What is trauma and how does it manifest itself?
- Trauma and the child's brain.
- Strength-based approaches to supporting children's wellbeing.
- Fostering children's resilience.
- The importance of a whole setting approach.

This training is for all practitioners who are interested in finding out more about trauma aware approaches to supporting children's wellbeing. This might include teachers, learning support assistants, family support workers, early years practitioners, health support workers and other roles working with children and families.