Professional development:
Enabling the health and social care workforce to support people living with dementia

University accredited opportunities for individuals

2016/17
The Association for Dementia Studies

The Association for Dementia Studies, established in May 2009, under the leadership of Professor Dawn Brooker, is a multi-professional university research centre with many years of experience in the field of person-centred dementia care and support.

We make a cutting edge contribution to developing evidence-based practical ways of working with people living with dementia, their families, friends and carers that enable them to live well.

We draw on and contribute to the international evidence base for person-centred dementia care.

Using this evidence, we deliver education programmes that empower people to provide skilled, competent and compassionate care.

Our work influences policy change at a local, national and international level and changes practice on the front line.

Our research informs practice and policy for people living with dementia, their families, and the professionals who support them. We work in partnership with organisations across the public, private and third sectors.

People with dementia, their families and their carers inform our work at all stages.


Undergraduate Education: Foundation Degree

The University of Worcester offers a range of foundation degree courses, each designed in conjunction with employers to ensure that they are practical and relevant to building a career in a health, education, youth or social care setting. They will provide you with all the skills, knowledge and experience you need to gain the career you aspire to.

You will study at the University of Worcester one day a week for the duration of the course (usually two years) and you can use your current employment as your work placement. If you aren’t currently in a relevant job, you will need to find a suitable placement one day a week for the duration of the course. At the end of the foundation degree there is an option to continue for a third year and take up modules to gain a BSc Hons degree.

Teaching is modular. You will study with students across the various foundation degrees for the core study skills modules, before benefitting from the experience of professional clinicians and visiting lecturers for the more specialist modules.

Work based learning projects in the final year can give students the opportunity to develop practice which will enhance their CV and increase employment prospects.
Undergraduate Education: Degree level 6

The Association for Dementia Studies currently has three degree level modules. These are aimed at people who wish to develop their knowledge and skills in dementia care and gain academic credits.

Two of the modules are complementary and are focused on

- Care of a Person in an Acute Care/Hospital setting;
- Dementia care in a Community setting.

This could be from the perspective of providing health and social care or as providing a service.

The third,

- Negotiated Learning, is an opportunity to study and be assessed in a topic of your choice.

University Advanced Diploma

The Award of a University Advanced Diploma (UAD) requires the completion of 40 credits at level 6 within two years. To complete the University Advanced Diploma Dementia Care you will need to study either the hospital or community module and complete a 20 credit Negotiated Learning module.

Post-graduate Education: Master’s level 7

The Association for Dementia Studies currently offers four twenty credit modules at level 7. These modules are part of other programmes within the university and can be taken as part of that programme or as a standalone course.

More information about individual modules can be found later in this brochure.

- Leadership in Person Centred Services for people living with dementia
- Working with people with dementia - Applying the Admiral Nursing Competency*
  Framework
- Interventions in Dementia
- Negotiated Learning (topic of your choice)

*This module is only open to current Admiral Nurses
Dementia Studies MPhil/PhD

The University of Worcester welcomes applications to undertake research towards MPhil and PhD degrees in Dementia Studies.

Our MPhil/PhD research degree programme offers you:

**Wide variety of research interests:** The Association for Dementia Studies has a strong mix of academics with a high degree of professional and personal experience, enabling you to get the most out of your programme. Areas of expertise and interest include: Living Well with Dementia, Supporting Choice and Control at Home and in Supported Housing, Excellence in Person-Centred Care in Care Homes, Dementia-Friendly Hospital Care, Environments to Enhance Wellbeing for People Living with Dementia.

**Excellent supervision:** Benefit from a professional and challenging relationship with your supervisory team, drawn from experienced academics working at the forefront of their disciplines.

**Resources:** Access to the University of Worcester’s virtual resources and its state of the art library facilities. The Dementia Studies team at Worcester have an excellent range of resources available to support your learning and your research project.

Examples of research projects currently taking place in Dementia Studies include: the cognitive predictors of progression from mild cognitive impairment to dementia and incorporating a live-in care-worker into the home of a couple where one spouse has dementia.

Examples of current and planned PhD titles:

- Evaluating the Impact of Arts-based Interventions and Activities in Dementia: methodological challenges and solutions
- Tailoring Arts Interventions to Individual Needs in Dementia: delivery of arts activities and individual difference (what works for whom)
- Sport, Identity & Dementia: The value(s) of sport/leisure pursuits to identity formation and socialisation processes through the onset of dementia
- Assessing the potential for personalised playlists in dementia care to assist in quality of life and communication
- And then there were three: Incorporating a live-in care-worker into the home of a couple where one spouse has dementia

**Funded PhD opportunities** are advertised on the University Graduate School website, [http://www.worc.ac.uk/discover/phd-studentships.html](http://www.worc.ac.uk/discover/phd-studentships.html)

Before you submit a full application, please contact Prof. Eleanor Bradley (e.bradley@worc.ac.uk) to discuss your research project and the availability of appropriate supervision.

**The Arts and Dementia Doctoral Training Centre**

In early 2015 the Alzheimer’s Society funded eight Doctoral Training Centres (DTC) in various aspects of dementia to help to increase research knowledge and capacity in this vital area. One of the successful centres is TAnDem, a partnership between the Association for Dementia Studies at the University of Worcester and the Centre for Dementia, University of Nottingham. TAnDem has been funded to focus on studying The Arts and Dementia.
Foundation Degree in Dementia Studies

Supporting people to live well with dementia can be challenging but also hugely rewarding and varied. The Foundation Degree is based upon genuine person-centred principles. Everyone’s experience of dementia is different. It is possible to live well with dementia. The Course explores this philosophy and approach.

The Foundation Degree is designed and delivered in partnership with people living with dementia, and their families. People with dementia and family carers contribute to teaching, to tutorials, and assessing student work.

Employers have also played a significant role in the design of the Foundation Degree, and they help deliver it too.

The Association for Dementia Studies at the University of Worcester

The Foundation Degree is delivered in partnership with the Association for Dementia Studies, established in 2009 at the University of Worcester under the leadership of Professor Dawn Brooker. The Association for Dementia Studies is a multi-professional group of educationalists, researchers and practitioners who are expert in the field of person-centred dementia care and support. The aim is to make a substantial contribution to building evidence-based practical ways of working with people living with dementia and their families that enables them to live well. This is achieved through research, education and scholarship. Colleagues from the Association teach on the course.

Progression and careers

You will be encouraged to develop your ability to analyse, and to make good decisions. You will be supported to enhance your written skills, and to strengthen your ability to work well within teams. These are attributes employers value and will contribute to strengthening your professional development.

Students graduating with Foundation Degrees are employed in more senior roles within their own organisations. They are also able to apply for positions in other areas and related disciplines that are more senior and carry enhanced responsibility.

Successful students are eligible to apply for a further year of study at the University of Worcester. Successful completion enables such students to graduate with a full undergraduate degree. There are also relevant options available at Masters level.

What will you Study?

Here is an overview of current modules available on the Foundation Degree in Dementia Studies. Regular updates may mean that exact module titles may differ.

Year 1
- Understanding Experiences of Dementia
- Dementia: Legislation, Policy and Best Practice
- Effective Communication and Ethical Practice
- Dementia: Personal and Professional development in the Workplace

Year 2
- Enabling People to live well with dementia
- Reviewing Academic Literature in dementia
- Applied Human Biology and Managing Health Conditions
- Applied Research
- Teamwork & Empowerment
- Dementia: Individual Project in the Workplace

Practicalities

Teaching takes place on one day a week at the University of Worcester during University term-times. The Foundation Degree runs over 2 academic years.

The course places value on applying learning to practice. Every student completes a work based placement of 200 hours in both years of study. This equates to one day on your work based placement from approximately November to May in Year 1, and then again in Year 2. Many students have employment suitable to count as their work-based placement. The University can assist you find your placement and will support you whilst on placement.

Entry Requirements

We are seeking students who are passionate about enabling people to live well with Dementia, and who are motivated to enhance their knowledge and skills. The UCAS Tariff for entry is 60 points at A Level. However, the experienced Foundation Degree Team specialise in supporting students who enter the course lacking confidence in their academic ability but with the desire to enhance their practice. Thus, we are keen to hear from you if your earlier experience of formal education has not been positive, but you can evidence the potential and desire to address this. Applications must be made via the UCAS system where the Foundation Degree is listed.

Find out more

Please contact Chris Russell, (Course Leader & Senior Lecturer in Dementia Studies)
c.russell@worc.ac.uk
01905 542 557
Care of a Person with Dementia in an Acute Care Setting

HESC3110

This module is designed to enable health and social care staff working in an acute care or community hospital setting to develop the knowledge, skills and awareness necessary to provide a quality, person centred service for people with dementia and their families and carers.

**Assessment:**
Written assignment (essay) – 3,000 words.

**Further Information**
For information please go to [www.worcester.ac.uk](http://www.worcester.ac.uk) and click on courses and departments, then course search and Health Sciences is in the A-Z of courses list.

**To enrol or to check availability**
Please contact Registry Admissions, Team C on tel: 01905 855111 or e-mail: admissions@worc.ac.uk

**General Module Enquiries**
Please contact: Applied Professional Studies Administrator on tel: 01905 542224 or email: cpdinfo@worc.ac.uk

In any given year the availability of option modules will depend on student numbers and in the event of an option module not being able to run due to a low number of students registering for that module, students will in these circumstances be able to choose an alternative option module or the negotiated study module as an alternative (where appropriate, and subject to the approval of the Programme Lead).

**Module Leader**
Mary Bruce

**Credits**
Level 6, 20 Credits

**Dates**

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**How to apply**
Some modules may be funded by the NHS and therefore you may need to complete 2 application forms:

- A University of Worcester Application Form
- Study Leave Form

**University of Worcester Application Form**
Please click on the following link to apply: [http://www.worc.ac.uk/courses/howtoapply/774.html](http://www.worc.ac.uk/courses/howtoapply/774.html)

**Study Leave Form**
All students employed by a Worcestershire NHS Trust or Wye Valley NHS Trust have to complete a study leave form (or equivalent) if they want (a) to study in works time, or (b) want the Trust to fund or part fund the course, or both.

Please ensure that funding for your study leave has been authorised by the Education lead for your Trust, before submitting your application, together with your study leave form.

Institute of Health & Society,
Henwick Grove, Worcester, WR2 6AJ
Tel: 01905 855000

University of Worcester
www.worcester.ac.uk
Dementia Care in a Community Setting

This module is designed for dementia specialists or dementia “champions” working in a variety of community based settings including care homes, domiciliary care, housing, intermediate care and community with people with dementia and their families.

Through the course of this module, students will explore and consider a range of models and paradigms in dementia care including Professor Tom Kitwood’s Enriched Model of Dementia Care (Kitwood 1997), and Professor Dawn Brooker’s V.I.P.S framework and demonstrate its application to the work setting (Brooker 2007) and their application in guiding practice.

This module will enable students to develop the knowledge and skills necessary for them to plan a range of strategies for supporting people living with dementia and their families.

Assessment:
Written assignment (essay) – 3,000 words.

Further Information
For information please go to www.worcester.ac.uk and click on courses and departments, then course search and Health Sciences is in the A-Z of courses list.

To enrol or to check availability
Please contact Registry Admissions, Team C on tel: 01905 855111 or e-mail: admissions@worc.ac.uk

General Module Enquiries
Please contact: Applied Professional Studies Administrator on tel: 01905 542224 or email: cpdinfo@worc.ac.uk

In any given year the availability of option modules will depend on student numbers and in the event of an option module not being able to run due to a low number of students registering for that module, students will in these circumstance be able to choose an alternative option module or the negotiated study module as an alternative (where appropriate, and subject to the approval of the Programme Lead).

Module Leader
Isabelle Latham

Credits
Level 6, 20 Credits

Dates
Health Sciences
Academic Induction Day for new students
21 September 2016 (09.30 – 16.00)
8, 9, 10 March 2017
10, 11, 12 May 2017
(09.30 – 16.00)

How to apply
Some modules may be funded by the NHS and therefore you may need to complete 2 application forms:
  • A University of Worcester Application Form
  • Study Leave Form

University of Worcester Application Form
Please click on the following link to apply:
http://www.worc.ac.uk/courses/howtoapply/774.html

Study Leave Form
All students employed by a Worcestershire NHS Trust or Wye Valley NHS Trust have to complete a study leave form (or equivalent) if they want (a) to study in works time, or (b) want the Trust to fund or part fund the course, or both.

Please ensure that funding for your study leave has been authorised by the Education lead for your Trust, before submitting your application, together with your study leave form.
This module is designed to enable an individual to explore in a critical and reflective way, an aspect of health and/or social care that may include care delivery, professional and political agendas, social policy initiatives and their local interpretations. Students will have the opportunity to extend their knowledge base and establish a learning contract that takes into account the individual learning needs alongside the agenda being explored. Some students are engaged in activity within the workplace that they can readily utilise to achieve academic credits. Others have particular areas of interest that they wish to explore but cannot do so within the range of specific modules on offer within the University. This module facilitates both situations.

Assessment:
To be negotiated and agreed with the module leader/supervisor

Further Information
For information please go to www.worcester.ac.uk and click on courses and departments, then course search and the BSc (Hons) Health Sciences is in the A-Z of courses list.

To enrol or to check availability
Please contact Registry Admissions, Team C on tel: 01905 855111 or e-mail: admissions@worc.ac.uk

General Module Enquiries
Please contact: Applied Professional Studies Administrator on tel: 01905 542224 or e-mail: cpdinfo@worc.ac.uk

Module Leader
Dr Brian Nyatanga

Credits
Level 6, 20 Credits

Health Sciences
Academic Induction Day for New Students
21 September 2016 (09.30 – 16.00)

Semester 1
Closing date for registration: 1 November 2016

Semester 2
Closing date for registration: 1 March 2017

How to apply
Some modules may be funded by the NHS and therefore you may need to complete 2 application forms:

- A University of Worcester Application Form
- Study Leave Form

University of Worcester Application Form
Please click on the following link to apply: http://www.worc.ac.uk/courses/howtoapply/774.html

Study Leave Form
All students employed by a Worcestershire NHS Trust or Wye Valley NHS Trust have to complete a study leave form (or equivalent) if they want (a) to study in works time, or (b) want the Trust to fund or part fund the course, or both.

Please ensure that funding for your study leave has been authorised by the Education lead for your Trust, before submitting your application, together with your study leave form.
Leading Person Centred Services for People Living with Dementia

Effective leadership in person centred care is fundamental for the ability of an organisation to deliver services that work for people living with dementia. This module is designed to introduce a person centred model of dementia care and evidence based care (Brooker, 2007).

Students will be enabled to critically analyse the services they provide to people with dementia. It will introduce students to new developments in policy and research in dementia care. Critical thinking around person centred care will be developed to enable students to explore ways of changing service and care provision. Students will be empowered to achieve this through engagement with and application of VIPS* framework (audit tool) (Brooker 2007). Students attending this module will be expected to be, or a potential future manager or leader of a dementia care organisation, health and social care services, charities or businesses.

“V - a value base that asserts the absolute value of all human lives regardless of age or cognitive ability
I - an individualised approach, recognising uniqueness
P - understanding the world from the perspective of the service user
S - providing a social environment that supports psychological needs”
(Brooker, 2007, p 13).

The module takes a blended learning approach with the tutor as facilitator and utilises the Blackboard VLE for part of the module delivery. Some parts of the module are self-directed to enable the student to engage with the online learning.

Assessment:
One 4,000 word essay

Further Information
This module is an optional module on the MSc Advancing Practice, for more information visit http://www.worcester.ac.uk/courses/advancing-practice-msc.html

To enrol or to check availability
Please contact Registry Admissions, Team C on Tel: 01905 855111 or e-mail: admissions@worc.ac.uk

General Module Enquiries
Please contact: Association for Dementia Studies Senior Departmental Administrator on Tel: 01905 855250or e-mail: dementia@worc.ac.uk
Working with people with dementia – applying the Admiral Nursing Competency Framework

This module will enable Admiral Nurses from a variety of work settings and roles to engage with their Admiral Nurse Competency Framework through an academic module.

Study will be through a blended approach using 6 face to face study days using action learning, includes tutorial support and specialist speakers, on-line resources and directed study.

You will acquire the ability to critically engage with the Admiral Nurse Competency Framework, and to both reflect upon and evaluate your own professional role in order to further enhance your professional practice.

You will gain a good introductory start to Pebblepad and how this can be used to develop your portfolio and Pebblepad will be available to you within your practice.

This module is only open to current Admiral Nurses. Dementia UK sponsor a number of places each year. For more information please contact:

Rachel Thompson – rachel.thompson@dementiauk.org

Assessment:
The assessment for this module comprises of two elements. A short presentation with questions and answers to a multi-professional group and a reflective commentary on one competency from the Admiral Nurse Competency Framework.

Further Information
This module is an optional module on the MSc Advancing Practice, for more information visit http://www.worcester.ac.uk/courses/advancing-practice-msc.html

To enrol or to check availability
Please contact Registry Admissions, Team C on Tel: 01905 855111 or e-mail: admissions@worc.ac.uk

General Module Enquiries
A range of dementia focussed modules can be found by visiting http://www.worcester.ac.uk/discover/dementia-education-training.html Frequently asked questions have been provided on each module.
Interventions in Dementia
MCOU4005

There is clear evidence that ongoing support improves outcomes for people with dementia, their families and their carers, delays institutionalisation and reduces acute hospital admission. By different forms of intervention during the journey through dementia, higher levels of quality of life and person centred care can be maintained. A person-centred approach aims to maximise choice and autonomy, and assist the person and their family to adapt to the illness and make plans for the future.

This module is designed for those with some experience of this area who want to develop their knowledge in order to support them to provide a quality service for people in the experience of their dementia and their families and carers.

On successful completion of the module, students should be able to:

1. Critically analyse the evidence base supporting assessment and therapeutic interventions for people with dementia and their families.
2. Critically evaluate differing models of intervention to support people with dementia and their families from a diversity of backgrounds and needs (e.g. younger people, people with learning disabilities and LGBT people).
3. Demonstrate critical appreciation of the complex issues and ethical considerations involved in providing person centred support for a person with dementia and their family.
4. Critically reflect upon the importance of adapting individual practice or broader person centred services to respond to the changing needs of the person with dementia and their families.

Assessment:
One 4,000 word essay

Module Leader
Michal Herz

Credits
Level 7, 20 Credits

Dates
The course runs in 2 blocks of 2 days approximately 6 weeks apart, on a Friday and Saturday. Future dates to be confirmed.

This module is expected to run once a year. The dates are:

- 14 - 15 Oct 2016
- 9-10 December 2016

(09.15 – 16.15)

Between these dates there will be online learning and reading.

How to apply
Some modules may be funded by the NHS and therefore you may need to complete 2 application forms:

- A University of Worcester Application Form
- Study Leave Form

University of Worcester Application Form
Please click on the following link to apply:
http://www.worcester.ac.uk/journey/part-time-study.html

Study Leave Form
All students employed by a Worcestershire NHS Trust or Wye Valley NHS Trust have to complete a study leave form (or equivalent) if they want (a) to study in works time, or (b) want the Trust to fund or part fund the course, or both.

Please ensure that funding for your study leave has been authorised by the Education lead for your Trust, before submitting your application, together with your study leave form.
Negotiated Group Learning

NEGOTIATED GROUP LEARNING! Employers and Leaders can choose their own subject for their staff.

As an employer or a team leader, do you have a subject that you want a group of staff to focus on but can’t find the module to suit you? Are you part of a group of staff who have a project or subject you want to explore?

This negotiated study module provides an opportunity for an identified group of students to pursue a particular interest, usually of a professional nature and often relating to practice. Learning outcomes will be negotiated with any commissioning body and, if possible, students. The module leader must approve the module prior to its commencement.

Managers should contact the module leader in February, for modules due to start in October and October, for modules due to start in February.

Students can use this module for work-based learning and they can do more than one negotiated module.

Assessment:
Dependent on contract, approved by Module Leader

You will normally be expected to do Challenging and Enhancing Services as your first module to enable you to make the best of your MSc studies.

Further Information
For information please go to www.worcester.ac.uk and click on courses and departments, then course search and the MSc Advancing Practice is in the A-Z of courses list.

To enrol or to check availability
Please contact Registry Admissions, Team C on tel: 01905 855111 or e-mail: admissions@worc.ac.uk

General Module Enquiries
Please contact Applied Professional Studies Administrator on tel: 01905 542224 or e-mail: cpdinfo@worc.ac.uk

Module Leader
Dr Brian Nyatanga

Credits
This module can be undertaken as a single or double module for 20 or 40 credits

Dates
MSc Advancing Practice
Academic Induction Day for New Students
23 September 2016

To be negotiated

Semester 1
Closing date for registration: 1 November 2016

Semester 2
Closing date for registration: 1 March 2017

How to apply
To apply please go to http://www.worcester.ac.uk/journey/advancing-practice-msc.html and make your application via our online form

Some modules may be funded by the NHS and therefore you may need to complete 2 application forms:

- A University of Worcester Application Form
- Study Leave Form

Study Leave Form
All students employed by a Worcestershire NHS Trust or Wye Valley NHS Trust have to complete a study leave form (or equivalent) if they want (a) to study in works time, or (b) want the Trust to fund or part fund the course, or both.

Please ensure that funding for your study leave has been authorised by the Education lead for your Trust, before submitting your application, together with your study leave form.
New for 2016/17

FITS (Focused Intervention Training and Support) programme

Commencing Autumn 2016 (subject to approval) the University of Worcester will be running the first course to train professionals to become a Dementia Practice Development Coach (DPDC). This role is key to delivering the FITS (Focused Intervention Training and Support) programme which is a proven way of reducing anti-psychotic use through effectively delivering psycho-social interventions. (see paper: FITS into practice: translating research into practice in reducing in reducing the use of anti-psychotic medication for people living with dementia living in care homes).

The proposed DPDC Course will equip participants to deliver setting up, the teaching and supervision elements of the FITS into Practice programme on an ongoing basis.

Course participants must have a significant level of seniority, experience and work in a role enabling them to deliver the FITS into Practice programme (e.g. Dementia Leads/Practice Development for Care Providers: Independent Trainers & Consultants: In-reach and Care home liaison/admiral nurses with responsibility for Care Home complex care programmes).

The DPDC Course will prepare course participants to:

- Deliver the training and support components of the FITS into Practice programme within care homes and supported housing provider organisations
- Apply the structured recruitment process for participation, to ensure successful implementation
- Understand common barriers and facilitators of implementation and how to work with these to maximise success.

The course will take place over 12 months to enable participants to deliver a FITS into Practice course under supervision. It will take a blended learning approach, including 9 days face to face teaching at Worcester over the year. However, the majority of the learning will be work based with support from the tutors. Participants will deliver at least 1 full FITS into Practice programme and be assessed on this as part of the course.

Participants will be completing a 40 credit (double) post graduate (level 7) module. It can be taken on its own or as part of an MSc in Advancing Practice. The cost will be approximately £1,200 per participant covering all tuition and materials. Successful completion of the course means that participants can run as many Dementia Care Coaching courses as they like. This provides potential for significant return on this initial investment.

The Alzheimer’s Society funded the Association for Dementia Studies to scale up The FITS programme. This work involved many researchers over the years from the original research conducted at King’s College London, in association with Oxford University, University of Newcastle and Oxford Health NHS Trust. Copyright of the original FITS manual is held by Dr Jane Fossey (Oxford Health NHS Trust) and Dr Ian James (University of Newcastle).

The course will only run if we attract sufficient good quality candidates. Please let Isabelle Latham (i.latham@worc.ac.uk) know asap if you are interested or if you would like to discuss this further. This first cohort could shape dementia care significantly in the future to deliver solid evidence based practice.

Professor Dawn Brooker PhD CPsychol (clin) AFBPsS

University of Worcester, Henwick Grove, Worcester, WR2 6AJ
tel: 01905 542531 www.worcester.ac.uk
The Association for Dementia Studies, established in May 2009, under the leadership of Professor Dawn Brooker, is a multi-professional group of practitioners, educationalists and researchers who are expert in the field of person-centred dementia care and support.

Drawing on our extensive understanding of the needs of people with dementia and utilising the most up to date research, clinical information and examples of best practice, we provide a range of education programmes for health and care staff.

Our experienced multi-professional education team involve, challenge and inspire delegates to improve practice.

If you want to know more or discuss your ideas, please get in touch.
Email: dementia@worc.ac.uk
Tel: 01905 542531

People living with dementia, their families & their carers inform our work at all stages.