

## **Expert Practice in Delivering Person-Centred Care (MDEM4003)**



**“Delivering the first cohort of FITS into Practice has been a perfect antidote to the last 2 years of Covid. Staff participating have really embraced the learning, found it challenging at times but more importantly became as excited as myself at being able to see research coming to life and the aspirational nature of research becoming achievable.” *Student on the Module***

Expert Practice in Delivering Person-Centred Care is a Module which forms part of the Post Graduate Certificate in Dementia Studies, hosted at the University of Worcester (UK), and can be studied as a standalone option, as a Post Graduate Award in Professional Development (with 30 Credits at Level 7). It is provided fully online, via distance learning, and includes regular live tutorials.

Learning is based on the implementation of the Focused Intervention Training and Support (FITS) programme for people with dementia who have complex needs and distressed behaviour. It is about:

- An evidence-based training and support intervention that improves psychosocial care and thus reduces the use of restrictive interventions such as anti-psychotic prescribing.
- Understanding both the theoretical and practical aspects of implementing the model in your setting.

- Applying the FITS into Practice model in your place of work and reflecting on this process.

It will interest those working/ volunteering within health and social care settings, where support is being offered to people with dementia who are living with complex needs. This module will be of particular interest to individuals wanting to upskill their colleagues to provide expert practice. Previous experience of training delivery is beneficial in this role.

Students will gain:

- Knowledge about the original research contributing to this model, from staff directly involved in the study.
- Confidence in understanding and applying an evidence based approach to supporting people with complex needs.
- Successful completion of this module will enable participants to become a Dementia Practice Development Coach (DPDC) for their own organisation and implement the FITS programme into practice.

People living with dementia and family carers have played a leading role in the design of the Module and contribute comprehensively to its content.

Module teaching begins in January 2023, running through until December 2023 with a break over the summer.

Assignments link to supporting students in their workplace/ where they contribute as volunteers.

**Closing date is start of December 2022. Module fees are revised annually.**

Module Fee for 2022/23 £1240 (UK & EU Students); £1800 (International)

**Contact:** Nicola Jacobson-Wright is the Module Lead and is happy to answer any questions about the Module, or Chris Russell is the Programme Lead for the full Post Graduate Certificate in Dementia Studies. Early enquiries and applications are encouraged to avoid disappointment.

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To apply <https://www.worcester.ac.uk/documents/PG-Cert-Dementia-applying-for-standalone-modules.pdf> and click on link to 'Expert Practice in Delivering Person-Centred Care' (MDEM4003)