

Nutrition and Lifestyle Medicine Part Time 2026-2027 Timetable

2 Year part time:

Year 1: add in NUTH4042 (see Full time timetable)

Year 2: Semester 1: NUTH4046 Research Methods(15 credits), Semester 2: NUTH4043, Nutrition and lifestyle medicine in adults (15 credits) and NUTH4047 Dissertation (45 credits), Semester 3 NUTH4045 Clinical Practice and business development (30 Credits).

3 Year Part time:

Year 2 Semester 1 NUTH4042 Nutrition in early years adolescence and reproduction (15 credits), Semester 2 NUTH4043, Nutrition and lifestyle medicine in adults (15 credits), Semester 3 NUTH4045 Clinical Practice and business development (30 Credits).

Year 3 NUTH4046 Research Methods(15 credits) and NUTH4047 Dissertation (45 credits)

MODULE CODE	MODULE TEACHING DATES	ASSIGNMENT DEADLINE(S)	PROVISIONAL MARK AVAILABLE ON SOLE	EXAM BOARD
SEMESTER 1				
NUTH4041 Approaches to nutrition and lifestyle medicine	<p>Attendance block 1 Monday 7th September 2026 (includes induction) (10-5) Tuesday 8th September 2026 (10-5) Wednesday 9th September 2026 (10-5)</p> <p>Synchronous online Wednesday 16th September 2026 (10-4) Thursday 17th September 2026 (10-4) Wednesday 30th September 2026 (10-4) Thursday 1st October 2026 (10-4) Wednesday 7th October 2026 (10-4) Thursday 8th October 2026 (10-4)</p> <p>Online Tutorials: Wednesday 14th October 2026 (10-12) Wednesday 21st October 2026 (9-3.30) NB: 1 x 15 minute tutorial per student within this 6 hours. Students sign up via Blackboard</p>	5 th November 2026 Case study and PDP 11 th November 2026 Practical Assessment	3 rd December 2026 9 th December 2026	Jan 2027
SEMESTER 2				
NUTH4044 Applications of nutrition and lifestyle medicine	<p>Attendance block 2 Tuesday 26th January 2027 (10-5) Wednesday 27th January 2027 (10-5)</p> <p>Synchronous online Thursday 4th February 2027 (10-4) Friday 5th February 2027 (10-4) Thursday 11th February 2027 (10-4) Friday 12th February 2027 (10-4) Thursday 25th February 2027 (10-4) Friday 26th February 2027 (10-4)</p> <p>Online tutorials:</p>	Wednesday 7 th April 2027 Case Study/PDP Tuesday 13 th April 2027 Practical assessment	5 th May 2027 11 th May 2027	TBC

	<p>Thursday 11th March 2027 (9-4) NB: 1 x 15 minute tutorial per student within this 6 hours. Students sign up via Blackboard</p>			
<h2>Semester 3</h2>				
	<p>Activities Clinic observations Clinic log Guided academic activities Recommended research/reading</p>			