

# Dr Rachael Bullingham



## Course Leader for Physical Education and Outdoor Education

Institute of Sport & Exercise Science

### Contact Details

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Rachael is a lecturer in Physical Education at the University of Worcester. She previously taught Physical Education in a secondary school, as well as performing various pastoral roles. In addition to teaching she has been involved in research and has recently published on the topic of homophobia in sport. Rachael is currently studying for a PhD analysing the experiences of openly lesbian athletes participating in team sports. She is a keen sport player and currently plays hockey; previously she has both played and

officiated rugby. Rachael also enjoys outdoor sports particularly sailing where she has won national titles, as crew, in the yachting world dayboat class.

### Qualifications:

- 1 Sports Science BSc Hons (Brunel University)
- 1 Sport Sociology MSc (Loughborough University)
- 1 PGCE 11-18: Physical education (University of Gloucestershire)
- 1 PGCert (University of Worcester)
- 1 PhD (University of Winchester)
  
- 1 Fellow of the Higher Education Authority (FHEA)

## Teaching & Research

Dr Bullingham's research projects have included homophobia, homophobia and concussion. She is involved with the Sports Collision Injury Collective ([www.sportcic.com](http://www.sportcic.com)).

### Current projects:

- Examining experiences of openly gay and lesbian teachers.
- Identifying trainee teachers experiences of delivering contact sports.

Dr Bullingham teaches on the Physical Education pathway and links her research into her teaching within modules. Previously she taught in secondary schools and supervised PGCE students. She uses this experience within the modules focused on developing teaching practice.

## Publications

### Book:

Anderson, E., McGrath, R. & **Bullingham, R** (2016) *Out in Sport: The Experiences of Openly Gay and Lesbian Athletes in Competitive Sport*. London: Routledge.

### Book chapter:

**Bullingham, R.**, McGrath, R. & Anderson, E. (2014) 'Changing the game' Sport and a Cultural Shift from Homophobia. In Jennifer Hargreaves & Eric Anderson (eds) *Handbook of Sport Gender and Sexualities*.

### Journal article:

Batten, J., White, A., Anderson, E. & **Bullingham, R.** (2016) From Management to Prevention: The New Cure for Sports Concussion. *British Journal of Sports Medicine*.

Anderson, E. & **Bullingham, R.** Openly Lesbian Team Sport Athletes during an Era of Decreasing Homophobia. *International Review for the Sociology of Sport*. Online first – 18th June 2013

### Conference presentations:

**Bullingham, R.** (2014) Changing times: Discovering how openly lesbian athletes navigate team sports. Postgraduate conference at the University of Worcester.

**Bullingham, R.** (2014) Changing times: Discovering how openly lesbian athletes navigate team sports. INSEP – Sport, Gender and Sexualities. University of the Littoral Opal Coast, Dunkirk.

**Bullingham, R.** (2012) Taking the wind out of her sails' Gendered media coverage of Ellen MacArthur's World Record" presented at PSA Sport and Politics Study Group Annual Conference Southampton Solent University.

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