

# Dr Andrea Faull



## Senior Lecturer in Sports and Exercise Psychology, Course Leader Sports Coaching Science

Institute of Sports & Exercise Science

### Contact Details

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### Qualifications

B.Sc. (Joint Hons) Sport Science and Psychology

M.Sc. Applied Sport and Exercise Psychology

Ph.D Sport Psychology

## Teaching & Research

### Professional Interests

Joint Course Leader for Sport and Exercise Psychology Degree Programme.

Module leader on a variety of level 4, 5 & 6 modules mainly including Sport and Exercise Psychology mandatory modules.

### Research Interests

Performance anxiety

Process goal paradox

Use of Reflective Practice for practitioners, coaches and athletes

Case Study interventions with athletes (applied in nature)

## Professional Bodies

BASES Accredited in Sport Psychology Research and Scientific Support

BPS Chartered Psychologist

AASP Certified Consultant

## Publications

### Refereed Academic Journal Articles

Faull, A. & Cropley, B. (2009). Reflective learning in sport: A case study of a senior level triathlete. *Reflective Practice*, 10, 325-339.

Faull, A., & Mullen, R. (in preparation). An examination of the process goal paradox.

Cropley, B., Neil, R., Wilson, K., & Faull, A. (in preparation). The use of Reflective Practice from different perspectives.

## **Refereed Conference Communications**

Over 15 research papers presented at national and international conferences.

### **Current active research projects include**

Teaching and Learning project (£5000 grant received) assessing named versus unnamed degree pathways in psychology.

World Blind Football Championships research – A Case Study of the event as approved by the F.A.

Hockey project in collaboration with UWIC researchers.

Applied practice project in collaboration with researchers from New Zealand.

## **External Responsibilities**

### **Journal Reviewer:**

Journal of Applied Sport Psychology and The Sport Psychologist

### **Consultancy:**

Sport psychology support for a variety of Elite and Non-elite individual and team sports.

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