Darren Cooper

Course Leader for Sports Therapy
Institute of Sport & Exercise Science

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Darren joined the University of Worcester in June 2013; his areas of expertise are Sports Therapy, Elite Sports Performance, Sports Biomechanics and Learning & Teaching.

Alongside academia, Darren trained as an elite rower on GB’s World Class Start Programme for a number of years competing at elite regattas around the country and trialling against international athletes. After rowing, he took up triathlons and has competed in all distances from sprint to Ironman.

Darren’s interest in sport has led to numerous and extensive injuries that have meant that being a Sports Therapist has been very beneficial and saved him a fortune! He has worked with athletes professionally since 2003 ranging from dedicated amateurs to Olympians.

Qualifications
- Postgraduate Certificate in Learning and Teaching in Higher Education (University of Teesside)
- MSc Sports and Exercise (University of Teesside)
- BSc (Hons) Sports Therapy (University of Teesside)

Teaching
Darren enjoys teaching all areas of Sports Therapy and is currently teaching on:
- SPTH1016 Functional Anatomy
- SPTH3003 Placement
- SPTH3005 Advances and Developments in Sports Therapy

Research
Darren is currently enrolled on a Doctorate in Education (Ed.D) at Durham University and his thesis is titled: Effectiveness of online videos for the acquisition and demonstration of practical rehabilitation skills.

Publications and Conference Presentations


Professional Bodies
- Member of the Society of Sports Therapists (MSST)
- Fellow of the Higher Education Academy (FHEA)

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