

Counselling FdSc



This course provides rigorous training that affords entry into the counselling profession. A major strength of this qualification is the close collaboration with counselling agencies/employers in the development of counselling practice opportunities.

The course is taught at Herefordshire College of Technology. Course design has taken full account of the core competency requirements contained in the British Association for Counselling & Psychotherapy's Core Curriculum, published in May 2009. The course takes a Person-Centred Approach as its core model. Academic, skills and personal development work reflect this emphasis, encouraging students to develop as reflective practitioners, who seek to offer a therapeutic relationship which fosters client change and development.

During the first year, you will gain a solid grounding in the Person-Centred Approach and will develop skills, knowledge of other major approaches in counselling and personal awareness/development. Alongside this, you will also complete 50 hours of work-based learning, which means that you will need to be in paid or voluntary employment that will enable them to utilise your developing counselling skills.

During the second year, you will need to complete 150 hours of supervised counselling practice in addition to attending College.

University of Worcester fees apply. Possible additional costs are: 20-30 hours of counselling supervision, which can cost between £30-£40 per hour if not provided by the counselling agency where counselling practice takes place.

UCAS code

UCAS is the central organisation through which applications are processed for entry onto full-time undergraduate courses in Higher Education in the UK.

Counselling FdSc B941 FdSc/C

For the latest information, check the UCAS website at www.ucas.com

Study options

University of Worcester/Herefordshire College of Technology (HCT) collaborative programme – the course will be taught at [HCT](#).

The course is full-time over two academic years. One day a week in College and another two days a week in related work-based activity and study.

It is also possible to study the course over three years, part-time

Get in touch

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A Level 3 qualification in Counselling Skills (minimum of 120 hours tuition, which includes both theory and skills).

Passes at A-C in 4 GCSE subjects, including English Language or equivalent.

Modules

Year 1 (Level 4 Modules)

Person-Centred Approaches in Counselling
Personal & Professional Development (1)
Comparative Theoretical Approaches
Human Growth & Development
Social, Political & Cultural Context of Counselling
Counselling Children & Young People
Independent Work-based Learning (1)

Year 2 (Level 5 Modules)

Introduction to Counselling Research
Personal & Professional Development (2)
Developing the Skills of Person-Centred Counselling
Introduction to Counselling Ethics & the Law Relating to Counselling
Counselling for Loss & Grief
Independent Work-based Learning (2)

Assessment

The method of teaching is varied and will involve experiential as well as didactic teaching and learning. Learning on counselling practice will be an essential part of the course.

Assessment is through academic, experiential and work-based assignments/projects. There are no examinations.

The [Course Handbook](#) can be downloaded here

Carol Morgan

Joint Programme Leader, Counselling FdSc

“With its emphasis on work-based learning, the Foundation degree will enable students to develop the knowledge, skills and attitudes required for entry into the counselling profession.”

Academic department

[Institute of Health & Society](#)

“The University is a leading innovator in the fields of health and social care. Unique appointments such as the UK’s first professors of perinatal education and tissue viability demonstrate our commitment to research excellence.”

Louise Jones, Head of Institute

Employability

The course will place you in an excellent position to meet possible training requirements for counsellor registration. The Foundation Degree in Counselling can help you obtain employment in a variety of settings such as schools & colleges, the NHS, different counselling agencies (e.g. bereavement, alcohol) and private practice. The qualification may also enhance possibilities for development in an existing role.

The course offers an opportunity for progression to a one year Top-up to a Bsc in Counselling at the University of Worcester. Progression to the final year of other undergraduate degrees in Counselling may also be possible.

- [University's Health Leader Takes on Two Influential Roles - Tuesday, 22 May 2012](#)

The Head of the University of Worcester's Institute of Health and Society has been appointed to two important external roles.

- [Nursing Students Receive Vital Training in Working with People Living with Dementia - Wednesday, 25 April 2012](#)

First year nursing students at the University of Worcester are to take part in a one-day conference about working with people living with dementia.

- [Student Nurses Walk Five Miles Between University and Hospital for Cancer Research UK - Monday, 23 April 2012](#)

Seven student nurses from the University of Worcester undertook a five mile charity walk after being inspired by their studies.

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<http://www.worcester.ac.uk/journey/counselling-fdsc.html>