

# Applied Sport Science MSc



This course takes an interdisciplinary approach to the scientific study of sporting performance. Delivered via distance learning and intensive study weeks, students also complete an advanced independent study.

Modules are designed to develop your understanding of the factors determining sporting performance, methods of assessing an athlete's abilities to meet these demands, and the design of interventions to improve performance.

During a professional placement, you will apply the theoretical material delivered in the taught modules to your work with individual athletes or teams. The course prepares athletes to go into future careers in sport science support, or progress to further postgraduate study/research.

## How to Apply

For all taught postgraduate and PG Cert programmes, please apply directly to University of Worcester. You can download an application form, or can contact the Admissions office on 01905 855111 / [pg-admissions@worc.ac.uk](mailto:pg-admissions@worc.ac.uk)

Please post your completed application form to:  
Admissions Office  
University Of Worcester  
Henwick Grove  
Worcester  
WR2 6AJ

Alternatively you can apply online for postgraduate programmes at University of Worcester via the [Prospects online directory](#) of postgraduate programmes. There is no fee for using the online application service.

When we receive your application form, your details will be passed to the Masters Programme Leader who will contact you to arrange an informal interview. You may include additional material, such as references, in support of your application or bring them with you to interview.

You can apply for postgraduate taught courses and PG Certs at any time, but preferably as early as possible before the start of the academic year, which begins in September.

## Study options

Delivered via distance learning and intensive study weeks, students also complete an advanced independent study.

## Get in touch

Admissions Office

Students will normally have a 2:1 classification in a sport-related Degree. Students who hold a sport-related Degree classification 2:2 or below, or a non-sport related Degree will be considered on a case-by-case basis.

All applicants will be interviewed.

## Modules

Assessing Human Performance  
Enhancing Human Performance  
Limits to Human Performance  
Research Methods  
Dissertation  
Professional Practice

## Assessment

This course is delivered via distance learning and intensive study weeks, students also complete an advanced independent study.

## Academic department

[Institute of Sport & Exercise Science](#)

"We are proud of our strong reputation for sporting excellence. Our mission is to enhance the knowledge, skills and understanding of our students so they can continue to make a meaningful contribution to society at all levels."

Mick Donovan, Head of Institute

## Employability

The course prepares athletes to go into future careers in sport science support, or progress to further postgraduate study / research.

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<http://www.worcester.ac.uk/courses/applied-sport-science-msc.html>