

## Typical Standard Menus

### Breakfast

Toast & Preserves, Cereals, Yoghurts, Fruit Platter,  
Juice, Tea & Coffee

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### Lunch

All dishes include fresh mixed salad, potatoes

Beef Lasagna

Butternut Squash Frittata

Feta, Olive & Tomato Pasta

Battered Plaice with Lemon

Roast Lamb & Trimmings

Chicken & Leek Gratin

Spicy Pork & Bean Casserole

Chilli Con Carne

Spicy Chicken & Tomato Pasta

Roasted Red Onion & Pepper Quiche

Breaded Cod & Tartare Sauce

Roast Pork & Trimmings

Risotto

Sticky Honey Glazed Chicken

Fresh Fruit

Mineral Water

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### Dinner

All dishes include potatoes and seasonal vegetables

Honey & Mustard Pork Chop

Chicken Tikka Massala & Naan

Lancashire Hot Pot

Paella

Chicken Chow Mein

BBQ Spare Ribs

Beef & Ale Pie

Suffolk Hot Pot

Grilled Gammon & Egg

Lamb Rogan Josh & Naan

Stir Fried Pork, Vegetables & Noodles

Chicken & Mushroom Pie

Toad in the Hole with Onion Gravy

Moroccan Lamb Tagine

**Dessert**  
Juice, Tea & Coffee  
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A vegetarian option will always be available.  
If you have special dietary needs please let us know.  
Packed lunches are also available.