

“We are proud of our strong reputation for sporting excellence. Our mission is to enhance the knowledge, skills and understanding of our students so they can continue to make a meaningful contribution to society at all levels.” Mick Donovan, Head of Institute

The University of Worcester has a proven record of excellence in the field of sport and exercise science with plenty to offer anyone who has an enthusiasm for sport, exercise and health.

The fact that we have been selected as a training base for athletes preparing for the 2012 Olympic Games is testament to the strength of our facilities. We have a £2.5 million indoor sports centre, a floodlit synthetic pitch, an exercise physiology suite, two further sports science laboratories, nutrition laboratory, teaching rooms, gymnasium and dance studio.

Our innovative Motion and Performance Centre is one of the University's most prestigious facilities. The Centre has expertise in a wide range of areas, ranging from Physical Activity, Exercise and Health to Biomechanics and Sport and Exercise Physiology.

The University has a particular strength in basketball. Our men's and women's teams have both enjoyed considerable success. The British Basketball League's Worcester Wolves are also based on campus. The University has good links with the region's local sports teams, particularly Worcester Rugby Club, Worcestershire County Cricket Club, Worcester Hockey Club and Worcester Rowing Club.

If you are already involved in competitive sport, we offer sports scholarships in basketball, cricket and hockey. You'll have to meet certain academic and performance criteria, but the scholarships are a great way to combine study with competitive sport.

Institute of Sport and Exercise Science

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Outdoor Adventure Leadership & Management BSc (Hons)

“The course provides broad-based vocational training in outdoor adventure leadership and management. It is ideal for those who work, or intend to work, in this dynamic and rewarding field.”

Lee Pritchard, Course Leader

Study Outdoor Adventure Leadership & Management

Work in the dynamic, physically and emotionally challenging field of outdoor adventure leadership and management by studying this broad, vocationally-based course.

You will develop an understanding of the scientific and business context of outdoor adventure activities, with the chance to gain skills and experience in both water and land-based activities.

In the final year, you will conduct an Expedition Studies module and a research project in an area of your choice. Choose from a range of modules to suit your interests in areas such as development training, adventure tourism, disability and business and enterprise.

We also offer an opportunity to study at one of our international partner institutions in an exciting new development in Year 2.

Local and national employers have been consulted in course development. A programme of optional coaching courses runs alongside the course enabling students to achieve relevant National Governing Body Awards.

Career Opportunities

Previous graduates have secured work in local authorities, outdoor centres, commercial activity centres, as trek leaders, at holiday companies, in development training organisations, Higher Education, self-employment and teaching.

UCAS Code

Outdoor Adventure Leadership & Management BSc (Single Honours) **XN92 BSc/OALM**

For the latest information and UCAS codes, see pages 206-213 or visit www.ucas.com

Application Enquiries

Lee Pritchard – Course Manager
Tel: 01432 870316
email: pritchardl@hct.ac.uk



Location of Study

The course is run in association with Herefordshire College of Technology (Holme Lacy campus). It is based at the University of Worcester with practical activities run in Herefordshire. The Brecon Beacons National Park and the Wye Valley are prime areas for exploring outdoor adventure.

Entry Requirements

- 240 UCAS Tariff points
- Please see pages 198-200 or www.worcester.ac.uk for further details

Assessment

Wide range of assessment types, including coursework assignments, practical activities, individual and group presentations, case studies, reports and exams.

Selection of Modules

- Foundations of Outdoor Adventure
- Personal Water-Based Techniques – Kayaking
- Scientific Foundations of Outdoor Adventure Performance
- Personal Water-Based Techniques – Canoeing
- Personal Land-Based Techniques – Hill Walking

- Outdoor Adventure Management Systems
- Personal Land-Based Techniques – Rock Climbing
- Understanding Weather & Climate
- Adventure Management
- Psychology of Outdoor Adventure
- Outdoor Adventure Research Methods
- Work Experience (Outdoor Adventure)
- Adventure & the Environment
- Physiology of Outdoor Adventure Performance
- Water-based Coaching Techniques
- Land-based Leadership Techniques
- Expedition Studies
- Independent Study
- Development Training in Outdoor Adventure
- Adventure Tourism
- Small Business Management
- Outdoor Adventure & Disability
- Enterprise & Innovation in Sport – Independent Study

For a complete list of available modules, please visit our website.

Physical Education BSc (Hons)

“Worcester has an extremely strong background in Physical Education and is actively involved in the development of sporting initiatives for children in the community.”

Tracy Mullard, Physical Education BSc (Hons)

Study Physical Education at Worcester

If you have a passion for physical education and sport, then study physical education (PE) in the Institute of Sport and Exercise Science at Worcester, a university with a proven record of excellence in this field. This degree is specifically designed to meet the changing needs of the PE profession and has a broad range of modules that prepare you for a career in PE.

The PE course can be followed as either major (from Level 5 onwards), joint or minor honours subject. This offers you flexibility in terms of your chosen career, with major and joint options providing a sound basis for anyone wishing to progress onto either a primary or secondary Postgraduate Certificate of Education teaching qualification.

During the course, you will be taught by an experienced and enthusiastic team of PE practitioners who are committed to providing a quality experience that will enable you to become an effective and employable graduate. You will gain valuable experience on placements and have the opportunity of working in both primary and secondary school settings.

You have the option of studying abroad, spending a semester with one of our international partner universities. There are also numerous opportunities for you to supplement the course with a range of National Governing Body awards, ensuring that you extend your knowledge and understanding further.

Career Opportunities

Previous graduates have found employment in sports research, as school sports co-ordinator, teaching, in the armed forces, public services, sports development and management, health promotion or corporate fitness.

UCAS Code

This degree is only available in combination with another course.

The University of Worcester's degree combinations add breadth to your studies and enhance your employability.

For a complete list of combinations and UCAS codes, see pages 206-213 or visit www.ucas.com

Application Enquiries

Tel: 01905 855111
or visit www.worcester.ac.uk



Additional Information

- Joint Honours only (Major route is available as an option from Year 2 onwards)
- May also be taken as a Minor (cannot be taken Joint or as a Minor with Sports and Exercise Science)

Entry Requirements

- 280 UCAS Tariff points
- Please see pages 198-200 or www.worcester.ac.uk for further details
- A Criminal Records Bureau Disclosure is required for this course

Assessment

Performance analysis, presentations, essays, teaching and coaching sessions, exams and projects, practical work experience and independent research.

Selection of Modules

- Foundations of Sport (Practical Kinesiology)
- Psychological Foundations of Sport & Exercise
- Foundations of Sport (Physiology)
- Dance and Gymnastics 1
- PE: Context and Issues
- Fundamentals of Athletics
- Games 1
- Research Methods
- Mind and Body: Critical Enquiry in PE
- Vocational Placement
- Swimming & Outdoor Adventurous Activities
- Aesthetic Activities: Dance & Gym 2
- Games 2
- Independent Study
- Improving Performance
- Application of Learning Theory
- The 14-19 Curriculum
- Sport & Disability
- The Developing Child in Sport

For a complete list of available modules, please visit our website.

UCAS Code

Sport & Exercise Science BSc (Single Honours) **C600 BSc/SES**

For the latest information and UCAS codes, see pages 206-213 or visit www.ucas.com

Application Enquiries

Tel: 01905 855111 or
email: admissions@worc.ac.uk

Sport & Exercise Science BSc (Hons)

“I enjoy the scientific side of sport. Studying nutrition was fascinating because it was applicable to my degree and also taught me a lot about my own lifestyle.”

Michelle Patch, Sport & Exercise Science BSc (Hons)



Study Sport & Exercise Science at Worcester

Worcester has a proven record of excellence in the field of sport and exercise science and this course will interest anyone who has an enthusiasm for sport, exercise and health. It provides a practical insight into scientific studies of sport and ways to integrate that knowledge into the practice and training of different sports. You will study physiology, psychology and biomechanics, as well as modules that explore the way in which these disciplines interact to affect both sporting performance and health. You will also gain a thorough grounding in the investigative and research techniques required in order to work effectively in this field.

This course includes theoretical, practical and vocational elements. Students will experience a range of teaching environments and benefit from a host of state-of-the-art facilities, while the Library has an extensive range of sport and exercise resources, together with online access to Sports Discus.

The Institute has links with universities throughout Europe, USA, New Zealand, Australia and Kenya and you will have the opportunity to study for one semester abroad.

Career Opportunities

With the successful 2012 Olympic bid, opportunities in the field of sport and exercise science are set to increase and this course prepares students for a wide range of careers. Graduates have entered the following occupations: sport and exercise science support, fitness and health industry, sports coaching, sports development, police and armed forces.

Additional Information

Single Honours only (designated modules only plus a selection from other subjects).

Entry Requirements

- 280 UCAS Tariff points
- Please see pages 198-200 or www.worcester.ac.uk for further details
- A Criminal Records Bureau Disclosure may be required for some modules

Assessment

Wide range of assessment types, including laboratory reports, oral presentations, essays, coaching sessions, exams.

Selection of Modules

- Foundations of Sport (Practical Kinesiology)
- Foundations of Sport (Physiology)
- Foundations of Sport (Psychology)
- Introduction to the Scientific Study of Sport
- Research Methods
- The Physiology of Sport & Exercise
- The Psychology of Sport & Exercise
- The Biomechanics of Sport & Exercise
- Introduction to Motor Learning & Skill Acquisition
- Consultancy in Applied Sport & Exercise Psychology
- Strength, Power & Speed
- Limits to Human Performance
- Physiological Support of the Elite Athlete
- Enhancing Performance
- Contemporary Investigations in Sport & Exercise Sciences
- Physical Activity & Disease Prevention
- Independent Study

For a complete list of available modules, please visit our website.

Sports Business Management BSc (Hons)

“This course embraces enthusiasm and will produce effective and efficient sport managers to work as operational, supervisory and middle managers within the sports industry.”

Mark Piekarz, Course Leader

Study Sports Business Management at Worcester

Sports Business is a growing and dynamic sector of the world economy, playing a vital role in the quality of people's lives. As a result, there is a growing demand for talented, well-equipped professionals in this field, who can help deliver high quality sports services and products.

This qualification builds upon the excellent reputation that the University of Worcester has in both undergraduate and postgraduate sport-related courses. You will examine the role of sport in both a local and global context and look at how the generic skills involved in business management are applied to this dynamic industry. You will establish a sound knowledge base in the key issues underpinning sports management, such as the areas of risk management and sustainability, together with developing the skills of entrepreneurship, problem-solving and the use of new technologies.

In addition to understanding the fundamentals of Sports Business Management, you can also develop a range of other practical sports skills, particularly those relating to coaching.

Career Opportunities

The course provides a sound basis for careers in sports facility management, events management, sports development, health promotion, the fitness industry, outreach work, marketing, sports research and sports entrepreneurship.

It is also an ideal base for postgraduate study.

UCAS Code

Sports Business Management BSc (Single Honours) **CN62 BSc/SBM**

For the latest information and UCAS codes, see pages 206-213 or visit www.ucas.com

Application Enquiries

Tel: 01905 855111 or
email: admissions@worc.ac.uk



Additional Information

Single Honours only.

Entry Requirements

- 280 UCAS Tariff points
- Please see pages 198-200 or www.worcester.ac.uk for further details
- A Criminal Records Bureau Disclosure may be required for some modules

Assessment

Wide range of assessment types, including case study analysis, problem-solving, coursework assignments, individual and group presentations, business management, report writing and project planning.

Selection of Modules

- Sport Business Environment
- Risk Management
- Financial Concepts
- Marketing Concepts
- Business Decision-Making
- Sport Event Management
- Sponsorship & Fund-raising
- Operational Sport Management
- Work Placement Research
- Research Methods
- Strategic Sport Event Management
- Sport Strategy in Action
- Contemporary Issues
- Independent Study
- International Business Strategy

For a complete list of available modules, please visit our website.

UCAS Code

Sports Coaching HND **26NC 5**
HND/SPCM

For the latest information and UCAS codes, see pages 206-213 or visit www.ucas.com

Application Enquiries

Tel: 01905 855111 or
email: admissions@worc.ac.uk

Sports Coaching HND

“Sport and Enterprise ‘Think Tanks’ have been created by the University to strengthen local business and HE links. The Employers’ Group will enrich student employability by creating project work and placement opportunities.” Sarah Allsopp, Course Leader



Study Sports Coaching

Through a selection of practical and business-oriented management modules, you will develop the skills and knowledge required for a successful career in sports coaching. You will be equipped to cope with the challenges and issues in this dynamic and rapidly expanding sector.

The course is run in association with Stourbridge College and you will study at Stourbridge and the University of Worcester, taking advantage of the excellent facilities and support available at both campuses. Vocational throughout, you will benefit from applying the skills you learn to the workplace and have access to leisure facilities in Stourbridge to carry out work-based study.

On successful completion of the programme, you can progress directly onto the third year of a linked BSc (Hons) degree at Worcester.

Career Opportunities

With more people playing sport and engaging in physical activity, there are new job opportunities in this sector. You will be prepared for a career as a sports coach, in sports development, sports administration, sports policy development or in health and fitness.

Alternatively, you may wish to continue to postgraduate study and other professional qualifications.

Location of Study

This course is taught at Stourbridge College and the University of Worcester.

Additional Information

- Two-year full-time course with part-time route available
- Industry approved curriculum
- National Governing Body Coaching Awards option

Entry Requirements

- 140 UCAS Tariff points
- Please see pages 198-200 or www.worcester.ac.uk for further details
- A full Criminal Records Bureau Disclosure may be required for some modules

Assessment

Wide variety of assessment types, including coursework assignments, module tests, individual and group presentations, case studies, reports and exams.

Selection of Modules

- Scientific Foundations of Sport
- Social & Psychological Issues
- Business of Sport
- Investigative Techniques
- Sports Marketing
- Sports Coaching Applications
- Principles of Sports Coaching
- Sport Experience
- Performance Analysis
- The Physiology of Sport & Exercise
- The Psychology of Sport & Exercise
- Work Experience Project
- Sports Development
- Coaching Special Populations
- Outdoor Activity Leadership

For a complete list of available modules, please visit our website.

i The Institute's belief that "attitude affects outcome" drives all of our work and challenges our students to stretch their potential.



Sports Coaching Science BSc (Hons)

“I find helping people to enjoy sports really rewarding. I come from Finland, but the University has such a friendly environment that I feel completely at home here.”

Henna Kalviainen, Sports Coaching Science BSc (Hons)

Study Sports Coaching Science at Worcester

Sports Coaching Science is a dynamic, established subject for anyone with an enthusiasm for coaching and its relationship with sports performance, physical activity, health, teaching and sports science.

The University of Worcester has a fine reputation for its sports degrees and the course utilises an excellent range of facilities both on and off the campus including a state-of-the-art sports hall, fitness suite, physiology laboratory, gymnasium and Motion and Performance Centre. Experience can be gained through a work placement in a coaching context of your choice and opportunities exist for study abroad in universities in the USA, Australia and Europe.

We have an established Sports Performance Centre that supports coaches and athletes in the region.

The Institute's Sports Centre also offers a wide range of National Governing Body Coaching Awards through the Coach Education Programme.

If you have relevant experience or differing entry qualifications, you may enter the course at HND level with the possibility of transferring to the third year of the degree course upon successful completion of the HND.

Career Opportunities

The degree provides an excellent foundation for a wide range of careers, including sports development and management, sports coaching, fitness instructor, match and performance analysts, teaching, research, armed forces and public services.

UCAS Code

Sports Coaching Science BSc (Single Honours) **C601 BSc/SCS**

It is also possible to study this degree in combination with another course.

The University of Worcester's degree combinations add breadth to your studies and enhance your employability.

For a complete list of combinations and UCAS codes, see pages 206-213 or visit www.ucas.com

Application Enquiries

Tel: 01905 855111 or
email: admissions@worc.ac.uk



Additional Information

Single Honours, Major, Joint, Minor.

Entry Requirements

- 280 UCAS Tariff points
- Please see pages 198-200 or www.worcester.ac.uk for further details
- A Criminal Records Bureau Disclosure is required for this course

Assessment

Wide range of assessment types, including scientific reports, oral presentations, essays, coaching sessions, exams, marketing plans, practical performance and coaching.

Selection of Modules

- Foundations of Sport (Practical Kinesiology)
- Foundations of Sport (Physiology)
- Foundations of Sport (Psychosocial)
- Partnerships & Coaching in Sport*
- Principles of Sports Coaching*
- Sociocultural Issues in Sport

** These modules are highly recommended as they are a prerequisite for Effective Coaching.*

- Research Methods
- Effective Coaching
- Scientific Approaches to Coaching
- Performance Analysis
- Non-Invasion Sports
- Fitness Assessment
- Invasion Sports
- Sports Nutrition
- Reflective Coaching
- Applied Performance Analysis
- Coaching Placement
- Sport Coaching & Development
- Sport & Disability
- Learning & Performance of Sport Skills
- Training for Sport
- Outdoor & Adventure

For a complete list of available modules, please visit our website.

Sport Development BSc (Hons) Sport Coaching & Development BSc (Hons)

“The degree is an innovative course that will provide the necessary practical skills to be leaders in the area of sport development.”

Gareth Jones, Principal Lecturer

Study Sport Development at Worcester

Over the past two decades the sport development sector has grown rapidly, becoming a key area of employment for sport graduates. At its most basic level, sport development relates to helping people to participate in sport or active recreation, whatever their age or capability. Yet this simple definition does not begin to convey the numerous variations in jobs and the many exciting opportunities which now exist not only in the UK, but also internationally.

This new degree at the University of Worcester has been developed to meet the needs of this vibrant sector of the sport industry. It has been designed to give students the mix of coaching and management skills necessary to deliver high quality sport development services and programmes. In addition, the course pays particular attention to how students can understand the complex sports business environment, such as how to secure funding streams, using entrepreneurial skills and learning about the many international opportunities for sport development work.

Career Opportunities

The jobs available in sport development are numerous and varied, dealing with both operational delivery and strategic planning. Examples of sport development jobs can range from governing bodies of sport appointing sport development officers (SDOs) to promote and develop their particular sport; local authorities having officers who are there to develop active recreation in the local population; schools and international organisations, such as UNICEF having people who help co-ordinate the work of governments and partners to develop sport programmes for children.

UCAS Code

Sport Development **C602 BSc/SpD**
Sport Coaching & Development
CX61 BSc/SDC

For a complete list of combinations and UCAS codes, see pages 206-213 or visit www.ucas.com

Application Enquiries

Tel: 01905 855111 or
email: admissions@worc.ac.uk



Entry Requirements

- 280 UCAS Tariff points
- A Criminal Records Bureau Disclosure may be required for some modules
- Please see pages 198-200 or www.worcester.ac.uk for further details

Assessment

A wide range of assessment methods are used, including reports, essays, oral presentations and coaching sessions

Selection of Modules

- Psychology of Sport
- Principles of Sport Coaching
- Foundations in Community Sport and Development
- Introduction to Socio-Cultural Issues
- Partnerships in Sport Coaching
- Risk Management
- Research Methods
- Effective Coaching
- Operational Sport Development
- Sociology of Sport
- Placement Module
- Sponsorship & Fund-raising
- Entrepreneurship
- Development of the Child
- International Sport Development and Volunteering
- Sport Strategy in Action
- Disability, Issues in Sport
- Independent Study

For a complete list of available modules, please visit our website.

Sports Performance and Coaching HND

“An ideal opportunity to develop and extend skills in the discipline of Sports Coaching and Performance.”

Dale Smallman, Head of Sport, Telford College

UCAS Code

Sports Performance and Coaching
HND 16XC Y HND/SPC

For the latest information and UCAS codes, see pages 206-213 or visit www.ucas.com

Application Enquiries

Tel: 01905 855111 or
email: admissions@worc.ac.uk



Study Sports Performance and Coaching

The HND in Sports Performance and Coaching is a two year full-time qualification which runs in conjunction with the University of Worcester. All learning will take place at Telford College of Arts and Technology. The course focuses on sports coaching, analysis of performance and the theoretical knowledge underpinning sport. Learning takes place in a practical and lecture-based environment and will focus on developing professional skills through vocational opportunities within the sporting industry. You will have the opportunity to work with a broad variety of sporting populations, including elite athletes, novice and intermediate participants, children, peers and students with learning difficulties.

The course will develop your personal and transferable skills whilst also developing the attributes associated with the study of sport at higher education level.

Telford College of Arts and Technology (TCAT) also provides excellent access to:

- The TCAT Super Dome which provides facilities for all-weather training and the latest technology in playing surfaces
- Sports hall, housing basketball, netball and badminton to international standard
- Aerobic studio, with mirrored wall, suitable for dance, ballet and aerobic activities
- State-of-the-art multi-gym, comprising Techno gym equipment

Career Opportunities

The course provides an excellent foundation for a wide range of careers including sports development and management, sports coaching, fitness instructor, match and performance analysts, teaching, research, armed forces and public services.

Progression

On successful completion of the programme you can progress directly onto the second or third year of a linked BSc (Hons) degree at Worcester e.g. Sports Coaching Science.

Location of Study

This course runs in conjunction with the University of Worcester and Telford College of Arts and Technology. All learning will take place at Telford College of Arts and Technology.

Additional Information

- Two-year full-time course, full-time only
- Industry approved curriculum
- National Governing Body Coaching Awards option

Entry Requirements

- 140 UCAS points
- Please see pages 198-200 or www.worcester.ac.uk for further details
- A Criminal Records Bureau Disclosure may be required for some modules

Assessment

Wide variety of assessment types, including coursework assignments, module tests, individual and group presentations, case studies, reports and exams.

Selection of Modules

- Introduction to the Principles of Coaching
- Psychological & Social Foundations of Sport
- Physiological Foundations of Sport
- Training for Sport
- Physical Activity, Exercise & Health
- Foundations of Sport (Practical Kinesiology)
- Introduction to Motor Learning & Skill Acquisition
- Partnerships & Sports Coaching
- Research Methods
- Sports Nutrition
- Scientific Approaches to Sports Coaching
- Health-Based Exercise Testing & Prescription
- Effective Coaching
- Performance Analysis
- Sport Event Project Management
- Invasion Sports

Sports Studies BSc (Hons)

“My degree allowed me to specialise in health promotion. I’ve already got a job as a fitness instructor which is a great start and I hope to start my own business one day.”

Candeece Brown, Sports Studies BSc (Hons)

Sports Studies at Worcester

This course will interest anyone with an enthusiasm for sport, exercise and health, coaching, teaching, sports management, sports marketing or development.

Your course takes place in a range of environments including the laboratory, lecture theatre, gymnasias and sports field. There is a wide choice of themes for you to follow, such as physical activity and health, coaching, sports performance and management of sport. If you are considering a career as a Physical Education teacher, a joint PE and Sports Studies pathway runs National Curriculum modules which provide a strong foundation for the Postgraduate Certificate in Education (PGCE).

You will have the opportunity to work within the sporting industry on placement, and opportunities also exist for you to study abroad.

Regional Sports Development and Coaching Officers are based on campus. You will benefit from excellent facilities, including the Worcester Sport Performance Centre, designated by UK Sports Institute (UKSI) as a regional provider of Sport Science Support, while the University of Worcester is a Sports Coach and Regional Coaching Centre.

National Governing Body Coaching Awards are available through the Coach Education Programme.

Career Opportunities

This degree provides an excellent foundation for a wide range of careers in sports development and management, sports coaching, physical education teaching, research, armed forces, public services, professional sport and health and fitness management.

UCAS Codes

Sports Studies BSc (Single Honours) **C6X3 BSc/SPS**

It is also possible to study this degree in combination with another course.

The University of Worcester’s degree combinations add breadth to your studies and enhance your employability.

For a complete list of combinations and UCAS codes, see pages 206-213 or visit www.ucas.com

Application Enquiries

Tel: 01905 855111 or
email: admissions@worc.ac.uk



Additional Information

Single Honours, Joint, Major, Minor.

Entry Requirements

- 280 UCAS Tariff points
- Please see pages 198-200 or www.worcester.ac.uk for further details
- A Criminal Records Bureau Disclosure may be required for some modules

Assessment

Wide range of assessment types, including scientific reports, oral presentations, essays, coaching sessions, exams and marketing plans.

Selection of Modules

- Foundations of Sport (Practical Kinesiology)
- Foundations of Sport (Physiology)
- Introduction to Sociocultural Issues
- Foundations of Sports Management & Development
- Partnerships & Sports Coaching
- Introduction to Motor Learning/Skill Acquisition
- Research Methods
- Sociology of Sport
- Psychology of Sport & Exercise
- Physiology of Sport & Exercise

- Biomechanics of Sport & Exercise
- Sport Event Project Management
- Motor Skill Progression
- Health-based Exercise Testing & Prescription
- Non-invasion Sports
- Invasion Sports
- Sport Operational Management
- Independent Study
- Sociocultural Issues in Sport
- Sports Marketing
- Physical Activity & Disease Prevention
- Comparative International Sport
- Sport & Disability
- Work-based Learning
- The Sports Entrepreneur
- The Developing Child in Sport
- Learning & Performance of Sports Skills
- Social Psychology in Sport and Exercise

For a complete list of available modules, please visit our website.

UCAS Code

Sports Studies HND
006C HND/SS

For the latest information and UCAS codes, see pages 206-213 or visit www.ucas.com

Application Enquiries

Tel: 01905 855111 or
email: admissions@worc.ac.uk

Contact for Enquiries

Stella Raphael-Reeves
Worcester College of Technology
Tel: 01905 725654
email: sreeves@wortech.ac.uk

Sports Studies HND

“The sports facilities are second to none at Worcester. I would now like to go on and top up my HND to degree level and focus on disability in sport.”

Priscilla Monaghan, Sports Studies HND



Sports Studies HND

Do you have an enthusiasm for sport, exercise and health? If the answer is yes, then this HND may be what you are looking for. It has been developed with Worcester College of Technology to provide a vocational programme that can lead to employment in the sports industries or progression to a sports-related degree.

All modules integrate theory and practice using the experience gained from involvement in sport. The course has been designed to meet the needs of employers such as local authorities, sports and recreational centres and other public and private providers, and those who are successful on the course will be well placed to work within the sports industry.

The course will develop your personal and transferable skills whilst also developing the attributes associated with the study of sport at Higher Education level.

Career Opportunities

The course has been carefully designed to offer a range of employment opportunities within the sports industry, including sports development, sports management, health and fitness promotion, sports coaching and sports therapy.

Location of Study

You will be based at both the University of Worcester and Worcester College of Technology and have teaching access to the full range of excellent sports facilities on both campuses.

Additional Information

- A two-year full-time course with part-time route available
- Students have access to state-of-the-art facilities, including BASES accredited laboratories, Sports Hall, fitness suite, AstroTurf, playing fields, dance studio, Motion and Performance Centre and Human Performance Laboratory
- Nationally recognised qualification that prepares you for work in the sports industry
- Exciting range of modules gives broad understanding of Sports Studies
- Placement opportunities in the sports sector giving you the chance to use skills in a work-based environment

Entry Requirements

- 140 UCAS Tariff points
- Please see pages 198-200 or www.worcester.ac.uk for further details
- A Criminal Records Bureau Disclosure may be required for some modules

Assessment

Wide variety of assessment types, including scientific reports, oral presentations and essays, coaching sessions, exams and marketing plans.

Module Listing

- Anatomy & Health
- Practical Sports Studies
- Sport Psychology
- Sport Nutrition
- Sport in Context
- Work Experience
- Research Methods

In addition, a range of awards from National Governing Bodies are available to support your study.

Contact for Enquiries

Cricket Scholarship –
Joan Grundy at WCCC,
Tel: 01905 337958

Basketball Scholarship –
Michelle Morgan
Tel: 01905 542251
email: m.morgan@worc.ac.uk

Rowing and Rugby Scholarships –
Craig Williams
Tel: 01905 855569
email: c.williams@worc.ac.uk

Hockey Scholarships –
Andrea Faull
Tel: 01905 855265
email: a.faul@worc.ac.uk

Sports Scholarships

“The scholarship was definitely my stepping-stone onto the Worcestershire first team. It has allowed me to continue my studies and to train with the team.”

Daryl Mitchell, Cricket Sports Scholar and Worcestershire County Cricket Club Vice-Captain



Basketball, Cricket, Hockey, Rowing & Rugby Scholarships

If you have an outstanding record of achievement in a particular sport and want to combine this talent with study at a university with a proven reputation, then you may be eligible for a sports scholarship at Worcester.

Our sports scholarships/bursaries represent a very special partnership with three of the region's top sports teams, Worcestershire County Cricket Club (WCCC), Worcester Hockey Club and Worcester Wolves Basketball Club.

The scholarship is a tremendous opportunity for someone with skill and dedication. We are looking for an able intellect combined with relevant sports potential and ambition to succeed on and off the field. An excellent track record in your sport at youth level is vital and we are also keen to see evidence of your drive and determination.

For all awards, scholars will follow a three/four year degree course and are required to take an active part in Worcester's Students' Union teams for British University competitions. It is also hoped that selection for representative teams will occur.

Each scholarship will normally be available for three years, although each is reviewed annually. Be aware that scholarships are the subject of Annual Performance Reviews and University participation records.

The Institute of Sport and Exercise Science has an appointed mentor who supports identified athletes on the Talented Athlete Sport Scholarships initiative. An opportunity exists each year for a Sports Studies student to apply for the sports scholarship to spend up to a semester with a partner college in Australia and undertake work experience.

Rugby Scholarships are currently being developed with Worcester Warriors Rugby Club. Please contact the Institute on 01905 855569 for information.

As a result of the strong relationship created between the University Student Rowing Club and Worcester Rowing Club, Rowing Scholarships are currently being developed for 2010/2011. Please contact the Institute on 01905 855569.

Active Sports

Coaching Scholarships

These are offered to six to eight students per year. This allows students to gain a number of coaching qualifications free in return for a placement period with a local club.

The application for a place on a course **MUST** be made in the normal way through UCAS.

Typical benefits include

For All Sports

- The offer of a place on the Undergraduate Modular Degree Scheme, any postgraduate study (subject to normal entry conditions) or HND scheme
- A place in University of Worcester accommodation, subject to early application
- Physiological monitoring by Sports Studies staff (if required)

For Hockey

- The University of Worcester has now established a partnership with the Worcester Hockey Club who have a range of competitive teams for men and women including representative sides in the Midlands Premier Division.
- If you believe that you can play at this level and would like to combine study and play whilst a student at the University of

Worcester – apply now for a Hockey Scholarship that would include the following benefits:

- Worcester Hockey Club membership fees paid
- Financial support for playing and travel costs
- Free gym membership
- Sports Science support
- Pastoral support when getting a balance between 'study and play'

For Cricket

- Professional winter coaching and practice with WCCC's playing staff
- Participation in WCCC's pre-season training and practice
- Placement with a Birmingham league club
- A paid summer playing contract for the County during the season

For Basketball

- Sports Science support
- Free gym membership
- Free playing registration
- Full playing/training schedule
- No clashes with study
- Opportunity to play for Worcester Wolves
- Free access to officiating and coaching awards
- Financial support