

What is mentoring?

activities

- Activity 1: WHAT IS MENTORING?
- Activity 2: REFLECTION ON MENTORING SKILLS
- Activity 3: VALUES & BELIEFS

Activity 1: WHAT IS MENTORING

In pairs the students will draw the ideal Outreach Ambassador and will label their drawing with the attributes, skills, characteristics they consider are the most important for the role.

The pairs can then feedback their ideas.

The facilitator can collect and group the responses on a flip chart.

It is good to display the drawings.

Do the drawings reveal any unconscious assumptions?

Look for gender issues, head over heart preferences, ages etc.

Activity 2: REFLECTION ON MENTORING SKILLS

Ask the group to reflect upon the mentor skills and qualities and to relate them to their drawings. Do they match and what is missing? What is new?

Reflect individually on their strengths.

Identify their top 3 and those they need to work on.

Make the point that most of these skills and attributes will develop over time.

The keeping of the reflective learning journal will be an important element in evaluating your progress and capturing the learning. It is also part of the wider evaluation.

Things you might include in the journal:

- Information on what you did and when
 - Reflection on the experience
 - Critical Incidents
 - What went well and what didn't go well
 - Good questions
 - Examples of learning and adapting your approach.
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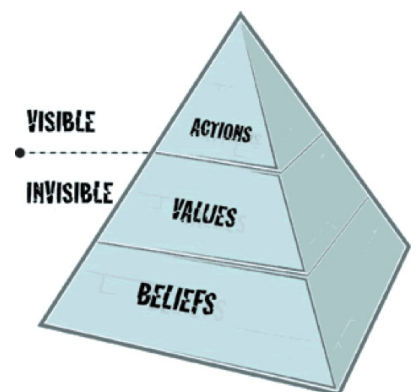
Activity 3: VALUES & BELIEFS

Ask the individuals to draw an ice berg.

Label the values, behaviours etc

Make the point that this can be related to those they are working with they will be working with. For example an able student at school may not be considering university because of their underlying beliefs informed by their environment.

For example 'people like me don't go to university.'



For further details about the mentor programme, please contact

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